

Beach Volleyball National Player Handbook



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Beach Volleyball National Team Communication Policy

1. This handbook provides you with policy, guidelines and general information that are relevant to you as a member of an England National Beach Volleyball Team. It should be the first stop for any questions relating to team management and policies.
2. The information contained in this handbook remains reasonably consistent from year to year. VE will issue an updated handbook to team members at the start of each year. Major updates in policy or position during that time will be provided via the VE website with notification via email. If you cannot find the information that you are searching for in the handbook, please contact talent@volleyballengland.org.

Useful Websites

3. Here is a list of websites relevant to this handbook:
 - 3.1. International Olympic Committee www.olympic.org
 - 3.2. FIVB Beach Volleyball www.fivb.org/EN/beachvolleyball
 - 3.3. Volleyball World <https://en.volleyballworld.com/>
 - 3.4. World Anti-Doping Agency (WADA) www.wada-ama.org
 - 3.5. UK Anti-Doping (UKAD) www.ukad.org.uk
 - 3.6. CEV Beach Volleyball <https://www.cev.eu/beach/>
 - 3.7. NEVZA Beach <https://www.nevza.org/beachvolleyball/>

National Player Selection

4. To be eligible to represent England at Beach Volleyball you must have been through the Volleyball England Selection Process. The England Beach Volleyball National Team Selection Policy can be found [here](#).

National Player Registration

5. All International players must be a registered member of Volleyball England on VolleyZone (England National Beach Player). This registration is free and covers the players for international beach volleyball only (if you are an NVL Player, you must still purchase an NVL Registration). Membership registration must be completed annually. [Membership Terms can be found here](#).
6. All players must have a FIVB VIS Account – Please email talent@volleyballengland.org to register for an account.
7. All players must complete the mandatory FIVB/CEV administration. Players need to renew these documents each year. The beach season runs from 1 January to 31

December which is when most of these documents will expire. Please see [table 1](#) below. There are additional responsibilities that players need to be aware of, particularly when competing on the World Pro Tour, please see [table 2](#).

Code of Conduct

8. All players must adhere to the Volleyball England Code of Conduct. This can be found on our website: [VE Code of Conduct](#)

Volleyball England Talent Behaviours

9. All players should endeavor to follow the Talent Behavior's below in their everyday activities:

SUPPORT - We communicate respectfully and effectively to each other.

TEAM WORK - We're all in this together

RESILIENCE - We keep going and never give up.

OWNSHIP - We are all encouraged to take responsibility.

NURTURE - We think, we behave, we perform for the good of the team.

GRATITUDE - We appreciate everyone and everything.

EXCELLENCE - We do what's needed when its needed all the time

RESPECT - We respect everyone and do the right thing



Social Media Guidelines

10. **Profiles** - As a general principle, it is strongly recommended that the Players/Teams, have a webpage/profile which is used for their volleyball involvement and that they keep their personal identity, pages and profile separate. This will help in distinguishing between what is part of a person's private life, and what is part of their life in Volleyball. Whilst there will always be grey lines between the two, having separate online identities should assist in focusing the mind on what is and what is not appropriate content and usage, before anything is posted.
11. **Minimising Risk** - Always work on the basis that what you post on social media is "out there" and there's no way of getting it back. No matter how hard you tighten up your privacy online, if one other person can see what you have posted it's potentially available to everyone. This goes for your personal and sporting profiles. So, a simple rule to follow is, if you don't want your parents/grandparent/coach to see it, DON'T POST IT! If you stick to that rule, you minimise the risk of controversy.
12. **Expanding your network** - Choose platforms that you can access easily through all your devices and make sure you regularly update them. With so many platforms out there, your choices are numerous. Make sure that you respond to messages either with a like or a response. The bigger your sporting social network is, the more attractive you are to potential sponsors.

13. Sharing engaging content - So what do you post? - There's no one-size-fits-all solution but a good starting point would be to think about what you would like to see on the social media channels of someone you admire (e.g. a film star, sports star or anyone else in the public eye). Generally, your posts should fall into some or all of the following categories:

- 13.1. **Training/competition** – for example, where you are and what you are doing. Try to involve teammates or rivals.
- 13.2. **Travel** – you'll be doing lots I'm sure, and while it can be mundane, you can turn it into something fun. For example, take a picture of yourself at the check-in desk in your team tracksuit with your passport and tell everyone where your next flight is going to and what you'll be watching on your tablet.
- 13.3. **Food** – this is an easy one. You can post a picture of you eating your guilty pleasure, your favorite snack, or your pre-event/post-event meal.
- 13.4. **Home comforts** – this brings out your personality big-time. You can post photos of you with your pet, saying how good it is to be back home with them, or perhaps you have a favorite hang-out at home that you like to visit.
- 13.5. **Thanking your supporters** – whether it's your parents, your governing body, your sponsors or even your followers.
- 13.6. **Sharing content that you like** – a retweet or share goes a long way to building your network. Make sure you are following your team-mates, players from other sports, your rivals, and National and International Federations. You never know, you might learn something along the way to make you a better player or person.

14. Social media should be used in a fun and engaging way, but it's now a must-have for all players with aspirations of international success. There are very few people who have the means to fund themselves through a full international career. Potential sponsors will look at your online presence as part of their evaluation of your worth. That makes allocating some time each week – or even each day – to your sporting profiles so important.



Online Behaviours

15. The code of conduct states the expected behavioural standards, this includes behaviour on social media. Here are some specific dos and don'ts to consider before posting on social media:
- 15.1. Pause and think about what you are saying and the impact it might have.
 - 15.2. Be careful, respectful, and positive. You are personally responsible for what you post. If in doubt, don't post it.
 - 15.3. Think about your image – 'what do I want people to think about me?'
 - 15.4. Consider who you are interacting with - you will likely come into contact online with under 18s. Familiarise yourself with safeguarding regulations in relation to engaging with under 18s.
 - 15.5. Respect confidentiality within the team e.g. tactics, squad information, announcements.
 - 15.6. Remember many different audiences will see your posts including Volleyball England members, potential members, children, member's relatives, and friends.
 - 15.7. Be smart about protecting yourself, your privacy, and confidential information. What you publish is widely accessible and will be around for a long time, so consider the content carefully and your privacy settings.
 - 15.8. Don't post content that discriminates against individuals or groups on the basis of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, sexual orientation.
 - 15.9. Don't write anything on social media channels that you wouldn't feel comfortable seeing in a newspaper or hearing on TV. Everything you write is treated as a direct quote i.e. 'Don't tweet what you wouldn't say to your mum/gran' or 'Think before you tweet' or 'Would I say this face to face with someone?'
 - 15.10. Don't speak negatively about other players, coaches, officials or governing bodies. Never use slurs, personal insults or obscenity. Be professional and respectful.
 - 15.11. Be in the right state of mind when you make a post. Don't post when you're angry, upset, or your judgement is impaired in any way. Be very careful what you say, do and post because once it's on a social media channel, it can go viral very quickly.
 - 15.12. Don't engage in on-line disputes and don't allow family or friends to argue on your behalf.

CEV and Volleyball World Pro Tour Guidelines



Entry Requirements

16. All players must have been selected in accordance with the Volleyball England National Beach Volleyball Selection Policy.
17. Volleyball England will only enter players who have paid all fees, have no outstanding financial sanctions.
18. Volleyball England will only enter players who have completed all mandatory administration for the competition – [See Table 1](#). All players need to renew these documents each year. The beach season runs from 1 January to 31 December which is when most of these documents will expire.
19. In line with the FIVB Sports Regulations, Volleyball England will not enter teams into more than one Futures competition in the same week.

Entry Process

20. An email must be sent to talent@volleyballengland.org at least 7 days prior to the official FIVB/CEV closing deadline.
21. Players must state which player will be #1 and #2 in this email.
22. On receiving the email, Volleyball England will enter the Team into the competition and send the players a confirmation email.
23. Entry onto the VIS system does not confirm entry into the competition. A confirmed list will be released by the organisers 28 days before the event.
24. Teams on the reserve list must monitor their position on the list and complete the withdrawal process in a timely fashion if they no longer wish to attend the competition. This should be done before the team is moved onto the confirmed teams list.
25. Late entry requests cannot be accepted.

Coach/Physio Accreditation

26. To apply for a Coaches/Physio Accreditations the relevant paperwork must be completed and sent to talent@volleyballengland.org ([see table 2](#)).
27. This must be completed at the same time as entry into the competition.
28. All Coaches must be approved by the Beach Performance Director.
29. All Physiotherapists must be approved by the Volleyball England Chief Medical Officer.

Wild Cards

30. For teams to apply for a Wildcard, the appropriate paperwork ([see table 2](#)) must be completed and sent to talent@volleballengland.org.
31. A player can receive a maximum of 2 Wild Cards across NEZVA/CEV/Pro Tour Competitions, irrespective if for the Main Draw or the Qualification Tournament during one season, which is not part of Olympic Qualification period. However, exceptions will be made due to the promotional aspects or technical merits.

Withdrawal/Change of Player

32. Withdrawal/Change of player requests must be made -21 days before the specific competition confirmed lists are issued.
33. Teams are to email information to talent@volleyballengland.org for Volleyball England to process.
34. For Withdrawal/Change of player later than -21 days before the competition teams are required to email talent@volleyballengland.org with the appropriate completed paperwork ([see table 2](#)), a medical form and proof of travel in order to avoid fines in line with the FIVB/CEV regulations. Volleyball England will not be responsible for any fines.

Travel, Board, Lodging

35. CEV and FIVB publish Beach Volleyball Competition information on their websites. The Federations release official communications and practical information about each event. Players should keep up to date with the requirements for each competition. Players also need to be aware of and adhere to the respective CEV and FIVB Beach Volleyball Competition Regulations.
36. Players are responsible for booking and paying for their food, accommodation, travel, and any further expenses such as visa or airport taxes.
37. Apart from age group competitions, teams are to complete the appropriate forms ([see table 2](#)) and send direct to the event organiser. This can be found on the relevant competition page on the FIVB/CEV website. Please copy in talent@volleyballengland.org.



Financial

Funding

38. The British Volleyball Federation and Beach Volleyball Performance Director will coordinate on any funding allocations.
39. Volleyball England, in partnership with TASS, tries to support Beach Volleyball Players in the following areas, please contact talent@volleyballengland.org for further details:
- 39.1. Lifestyle
 - 39.2. Psychology
 - 39.3. Strength and Conditioning
 - 39.4. Nutrition
 - 39.5. Physiotherapy
 - 39.6. TASS Medical Scheme

Sponsorship

40. Players are encouraged to pursue sponsorship. Players must ensure any sponsors have no direct competition with VE partnerships and that the sponsor will not bring the federation into disrepute. VE reserves the right to challenge the sponsorship if there is any conflict with VE rules or values. If unsure about a potential sponsor's suitability, please contact talent@volleyballengland.org.

Entry Fees

41. There is an annual entry fee for each team registering to participate in CEV European Championships, NEVZA Events and CEV age group competitions. The fee is payable to Volleyball England or hosts, dependent on Practical Information, 7 days before the official CEV competition deadline. Volleyball England will not enter a team unless payment has been received.

License Fee

42. There is an annual license fee for each player applying for participation in any CEV competition. This fee is due even if a player registers but does not actually participate in a CEV competition.
43. Volleyball England will not enter a team unless payment has been received. Payment can be made by online bank transfer. Please use your name followed by SB as the

payment reference. For example, SMITHSB. Please send an email to talent@volleyballengland.org to confirm you have paid.

44. Volleyball England account details:

Account Name: English Volleyball Association
Account Number: 11376288
Sort Code: 16-26-32



Table 1 - Mandatory annual documents required for Volleyball World Pro Tour/CEV Events:

Document	Action Required		Deadline/Responsibility
	Volleyball World Pro Tour	CEV	
Beach Volleyball Players' Participation Agreement (FIVB competitions only)	Sign and return a copy to talent@volleyballengland.org for us to upload to your VIS profile.		40 days before the first event each season (35 days as per the FIVB regs and 5 days for VE to administer) Players complete them send to talent@volleyballengland.org
FIVB BVB/10 Health Certificate	Sign and have the form signed by a doctor and return a copy to us for us to upload to your VIS profile. This form is annual so will need to be completed, signed by a doctor, and returned to us. It expires on 31 December every year.		40 days before the first event each season (35 days as per the FIVB regs and 5 days for VE to administer) Players complete them send to talent@volleyballengland.org
CEV BV-01 Player's Commitment (CEV competitions only)		If you plan on entering CEV competitions please sign on each page and send a copy to: talent@volleyballengland.org for us to upload to your VIS profile.	5 days before the deadline for the first event each season. Players complete then send to talent@volleyballengland.org
FIVB Play Clean	Complete the e-learning course and send a copy of your certificate upon completion to talent@volleyballengland.org . This only needs to be completed once per Olympic cycle and you will need your FIVB number and log in details. FIVB E-Learning Platform		ASAP and before any upcoming FIVB/CEV competition. Players complete then send to talent@volleyballengland.org
FIVB Prevention of Manipulation	Complete the e-learning course and send a copy of your certificate upon completion to talent@volleyballengland.org . This only needs to be completed once per Olympic cycle and you will need your FIVB number and log in details. FIVB E-Learning Platform		ASAP and before any upcoming FIVB/CEV competition. Players complete then send to talent@volleyballengland.org

Table 2 - Additional documents required, specific to each FIVB/CEV competition:

Document	Action Required		Deadline/Responsibility
	Volleyball World Pro Tour	CEV	
Wild Card Request (World Tour)	BVB/02		40 days (35 days as per the FIVB regs and 5 days for VE to administer) before for futures, challengers, and elite categories and FIVB WT Finals events, and 45 days before for age group WCH's. Players email information to talent@volleyballengland.org for VE to process.
Wild Card Request (Zonal Tour and European Championships)		BV-02	No later than 40 days (35 days as per the FIVB regs and 5 days for VE to administer) days before for European Championships and 30 days (21 days for Zonal Tour and 7 days VE to administer). Players email information to talent@volleyballengland.org for Volleyball England to process.
Withdrawal Request (World Tour) Note: The CEV form also contains change of player request section	BVB/03	BV/03	Withdrawal requests must be made -21 days before the specific competition confirmed lists are issued. Players email information to talent@volleyballengland.org for VE to process. If you need to withdraw later than -21 days before the competition you need to provide VE with a medical form and proof of travel to avoid fines in line with the FIVB/CEV regulations. Players email information to talent@volleyballengland.org for VE to process.
Change of Player Request	BVB/04	See above	Change of player requests must be made -21 days before the specific competition confirmed lists are issued. Players email information to talent@volleyballengland.org for VE to process. If a change of player request is later than -21 days before the competition you need to provide VE with a medical form and proof of travel to avoid fines in line with the FIVB/CEV regulations. Players email information to talent@volleyballengland.org for VE to process.
Players Travel Schedule Delegation's Travel Schedule	BVB/31 BVB/31b	BV-04	CEV: no later than -15 days before the competition. FIVB: no later than -3 days before the competition. Apart from age group competitions players complete form and send direct to the event organiser. This can be found on the relevant competition page on the FIVB/CEV website. Please copy in talent@volleyballengland.org
Coach Accreditation	Here	BV-05	CEV: -35 days before the competition FIVB: Anytime during the season but no later than -3 days before relevant event. Complete form and send to talent@volleyballengland.org for VE to process.
Medical Staff Accreditation	Here	BV-06	CEV: -35 days before the competition FIVB: Anytime during the season but no later than -3 days before relevant event. Volleyball England completes and sends to the event organiser.