



National Cup Winners & Runners-Up Women

Year	Winners	Runners Up	Venue
1982-83	Hillingdon	Spark	
1983-84	Hillingdon	Spark	
1984-85	Hillingdon		
1985-86	Spark	Ashcombe	
1986-87	Sale	Ashcombe	
1987-88	Ashcombe	Sale	
1988-89	Britannia	Sovereign Leasing Sale	
1989-90	Brixton Knights	Sovereign Leasing Sale	
1990-91	Mizuno Britannia	Woolwich Brixton Knights	
1991-92	Woolwich Brixton	Trafford	
1992-93	Woolwich Brixton	Sale	Sheffield
1993-94	Britannia Music City	Sale	Sheffield
1994-95	Sale	Britannia Music City	Sheffield
1995-96	Britannia Music City	London Malory	Sheffield
1996-97	London Malory	Manchester United Salford	Sheffield
1997-98	London Malory	Ashcombe Guildford	Sheffield
1998-99	Loughborough Students	Malory	Sheffield
1999-00	Ashcombe Dorking	London	Sheffield
2000-01	London Malory	Loughborough Students	Sheffield
2001-02	London Malory	Loughborough Students	Sheffield
2002-03	London Malory	City of Wolverhampton	Guildford
2003-04	London Malory	Ashcombe Dorking	Guildford
2004-05	London Malory	Loughborough Students	Loughborough
2005-06	London Malory	City of Wolverhampton	Sheffield
2006-07	Loughborough Students	London Malory	Sheffield
2007-08	University of London Union	Polonia Ladies	Bath
2008-09	Swiss Cottage	City of Wolverhampton	Sheffield
2009-10	Polonia Ladies	Leeds Carnegie	Crystal Palace
2010-11	Polonia IMKA London	Leeds Carnegie 1	NVC, Kettering
2011-12	Leeds Carnegie 1	Swiss Cottage	NVC, Kettering
2012-13	Team Northumbria	Malory Eagles (London)	NVC, Kettering
2013-14	Team Northumbria	Swiss Cottage	NVC, Kettering
2014-15	Team Northumbria	Polonia SideOut London	NVC, Kettering
2015-16	Polonia SideOut London	Team Northumbria	NVC, Kettering
2016-17	Team Northumbria	Pulsepoint London Orcas	NVC, Kettering
2017-18	Team Northumbria	Team Durham	NVC, Kettering
2018-19	Durham Palatinates	Team Northumbria	NVC, Kettering
2021-22	Polonia Sideout London	Durham Palatinates	NVC, Kettering

