VOLLEYBALL ENGLAND
NVL VENUES
Alan Higgs Centre
Alan Higgs Centre, Allard Way, Coventry, Warwickshire, CV3 1HW, 02476 308 244

Directions:
From M1 North: Leave M1 at Junction 21, then at roundabout take the 3rd exit onto the M69 (signposted M69 Coventry, Birmingham). Continue onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

From M1 South: Leave the M1 at Junction 17, branching left onto the M45 (signposted Coventry South). At roundabout take the 2nd exit onto Coventry Road - A45 (signposted Coventry). At roundabout take the 2nd exit onto London Road - A45 (signposted Coventry). At Tollbar End roundabout take the 3rd exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

From M6: Leave the M6 at Junction 2 (signposted Leicester M69, Coventry A46). Take right hand lane (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto the A46 (signposted All Traffic). At roundabout take the 3rd exit, then merge onto Coventry Eastern Bypass - A46. At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

M40 South (London): Leave the M40 at junction 15, then at roundabout take the 4th exit onto Warwick Bypass - A46 (signposted Coventry).

M40 North (Birmingham): Leave the M40 at junction 15, then at roundabout take the 1st exit onto Warwick Bypass - A46 (signposted Coventry).

Both: Continue forward onto Warwick Bypass (signposted Coventry, M69). Continue forward onto the A444. At roundabout take the 2nd exit onto London Road - A4082 (signposted Motorway M69, Leicester A46). At roundabout take the 3rd exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

All Saints Sports Centre
All Saints School, 95 Norfolk Park Road, Sheffield, South Yorkshire, S2 2RJ, 0114 272 6700

Directions:
From junction 33 M1, follows signs for A630 Sheffield City Centre. At the roundabout follow signs for A61 Chesterfield. Go past Sheffield Rail station on your left, and after a further half mile you will see a Macdonald’s. Here, turn immediately left onto Granville Road and take first right (Norfolk Park Road). The sports centre entrance is approximately 100 yards on your right.

Applemore Health & Leisure Centre
Clay Pits Lane, Dibden, Southampton, Hampshire, SO45 5TN, 02380 423 352

Directions:
Leave the M27 at Junction 2, then at roundabout take the 3rd exit onto the A326 signposted Fawley, Totton.
At roundabout take the 2nd exit onto the A326 signposted Fawley.
At roundabout take the 2nd exit onto the A326 signposted Totton (south), Fawley.
At roundabout take the 2nd exit onto the A326.
At roundabout take the 2nd exit onto the A326 signposted Fawley.
At Dibden roundabout take the 2nd exit onto the A326 signposted Fawley.
At Applemore roundabout take the 1st exit onto Sizer Way signposted Hythe, Dibden.
At the next two roundabout take the 2nd exits onto Clay Pits Lane.
Arrive at Applemore Health & Leisure.
**Beths Grammar School**  
Hartford Road, Bexley, DA51NE,  
**Directions:**  
Driving instructions: following the M25 towards Dartford, exist onto the A2 west at junction 2. Stay on the A2 traveling towards Bexley. Exit onto the A223. At the round about take the 2nd exit, then turn right onto Hartford road and turn right again where you will see the school on your right.

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**Brentford Fountain Leisure Centre**  
658 Chiswick High Road, Brentford, Middlesex, TW8 0HJ, 0845 456 6675  
**Directions:**

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**Brinnington Park:**  
Northumberland Road, Brinnington, Stockport, SK5 8LS, 01614946465  
**Directions:**  
STOCKPORT Volleyball Club ["the S'PORT"] will play its' NVL, Manchester League and Juniors competitive matches in 2018/2019 Season at Stockport's brand new facility, Brinnington Park. It is a fantastic Complex, operated by Life Leisure. Home to fantastic new sports amenities and programming, the Centre provides an array of opportunities to play in a state-of-the-art building with own changing rooms for the S'PORT and Visiting Teams.

Directions to the Venue, travelling anticlockwise EAST on M60 (from South) are:  
Come off the Manchester circular motorway M60 at Junction 27.  
At this 'Portwood Roundabout', take the exit onto Carrington Road/B6104.  
Turn onto Brinnington Road.  
Turn left after rear of row of shops on to Northumberland Road.  
Will see sign on the left for Brinnington Park.  
Pull in to car park and park to front of Centre (right hand side).

Directions to the Venue, travelling clockwise WEST on M60 (from North) are:  
Come off the Manchester circular motorway M60 at Junction 25.  
Take the A560 exit to Bredbury.  
Continue on Ashton Road/A6017.  
Take Lingard Lane, then on to Brinnington Road.  
Turn right before shops in Centre of Brinnington on to Northumberland Road.  
Will see sign on the left for Brinnington Park.  
Pull in to car park and park to front of Centre (right hand side).

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**Brookes Sport Headington**  
Headington Campus, Cheney Lane, Oxford, Oxfordshire, OX3 0BP, 01865 484373  
**Directions:**

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**Brooksby Melton College**  
Asfordby Rd, Melton Mowbray, Leicestershire, LE14 2LJ, 01664 850850  
**Directions:**  
Coming from Leicester towards Melton turn left signposted Brooksby hall,don't turn into the Main hall,follow the road round,the sports hall is round the back.It is the 4th entrance on the left,there is a car park and sports field.If you get to the train track you have gone too far,turn round and take the 1st right.Follow the road that has the rugby field and artificial pitches on your left all the way round,you will see the sports hall and facilities on your left.  
Go in gate 2 and park there,sports hall is the building to your left.
Caius House Youth Centre
2 Holman Road, Battersea, SW11 3PG,
Directions:
By Train

The closest train station is Clapham Junction, approximately 12 minutes walk from Caius House. From Bath Spa, the train journey is approximately 1 hour and 20 minutes, changing at Reading. When you arrive at Clapham Junction, exit via Grant Road Exit. Turn right out of the station, then left onto Falcon Road. Continue along Falcon Road until you reach a main intersection where Falcon Road meets Battersea Park Road on the right and York Road on the left. Continue straight ahead, crossing the main intersection onto Battersea High Street (a narrow cobblestone road). Veer left at the end of the cobblestone road onto Gwynne Road, then left onto Yelverton Road, where the entrance of Caius House is.

By Car

From the South West – M25/A3
Leave the M25 at J10 (A3 to London)
Follow the A3 for approx. 18 miles into Wandsworth one-way system
Veer left onto the A217 signposted Battersea, and in half a mile take the 2nd exit at the large roundabout onto York Road/A3205. Follow York Road for approx.. half a mile, then turn left at the traffic lights into Lombard Road (also the turning to Halfords). Then take the first right into Holman Road, and the Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road. The entrance is on the short end of the building off Yelverton Road.

From the West – M25/M4
From the M25 J14 Follow the M4 towards London which merges into the A4 for approx. 13 miles until a right turn onto Earls Court Road/A3220. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road. The entrance is on the short end of the building off Yelverton Road.

From the North-West – M25/M40
Leave the M25 at J16 (M40 to London)
Follow the M40 towards London (which merges into the A40 Western Avenue) for approx. 13 miles, then branch left onto the roundabout and take the 2nd exit A3220 towards Shepherds Bush. Follow the A3220 past for 1 mile past Shepherds Bush station then bear left (one way) then shortly bear right onto the A3220. At traffic lights turn left (one way) onto Pembroke Road, then shortly bear right back onto the A3220 Earls Court Road. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road. The entrance is on the short end of the building off Yelverton Road.

Note : There is no car park at the venue. There is street parking in adjacent roads; some is free, some is residents only, and some is pay meter parking. Please read roadside parking signs carefully.

Cam Hill School
Shearwater Avenue, Portchester, Fareham, Hampshire, PO16 8AH
Directions:
Leave the M27 at Junction 11, heading south towards Fareham and the A27.
Take the first slip road, exiting the roundabout towards Portchester, eastbound on the A27.
At the second set of traffic lights Cam Hill is seen on the right (no right turn).
Continue past the lights and make a U turn at the small roundabout.
Turn left into Shearwater Avenue.
The first or secondschool gate may be open, please park anywhere in the car park.
The sports hall is the building on the left.
Into the building, follow the corridor through the double doors and the sports hall is on your right.
**Cardiff Metropolitan University Cyncoed Campus Sports Hall**
Cardiff Metropolitan University, Cyncoed Road, Cyncoed Campus, Cardiff, Wales, CF23 6XD, 029 2041 6777

**Directions:**
**Bus**
The 52/52A bus travels from the city centre to the Cyncoed campus every 15 minutes during the day, via Albany Road and Penylan Road.
During term time, the U1 MetRider bus travels from Llandaff to the Cyncoed campus every hour.

**Train**
Heath High Level and Heath Low Level railway stations are approx. 25 minutes walk from the Cyncoed campus, serving the area from the Rhymney and Coryton lines. See National Rail Enquiries for train times.

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**Castle Green Sport Centre**
Gale Street, Dagenham, Essex, RM9 4UN, 020 82706222

**Directions:**
From west: take A13 towards Dartford crossing. Go over Alfreds way viaduct. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.
From east: from M25 take A13 towards central London. Drive until Alfreds way viaduct. Take the exit left on to Ripple rd. Take 4th exit from round about and go back to A13. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.

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**Cathedral School**
Cardiff Road, Llandaff, Cardiff, CF5 2YH,

**Directions:**
Exit the M4 at Junction 29 to join the A48. Just after the big Tesco and WJEC CBAC building on Western Avenue turn off down Mill Lane and enter the school via the ramp from the Cardiff Road entrance.

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**Centre AT7**
Bell Green Road, Coventry, CV6 7GP, 02476 308 244

**Directions:**
**Centre AT7:** Bell Green Road, Coventry, CV6 7GP. Telephone : 024 7666 5530

**BY CAR:**
From City Centre Ring Road (anti-clockwise):
Exit the Ring Road at Junction 2, signposted Coventry & Warwickshire Hospital; Bell Green B4109.
Filter right at the bottom of the slip road following signs to Coventry & Warwickshire Hospital.
Follow the road to the left towards the Hospital.
Proceed through the one way system past the Hospital and along Stoney Stanton Road.
Stay on the Stoney Stanton Road for 1 and half miles, through eight sets of traffic lights.
At the mini round about (with McDonalds adjacent) proceed straight over to the major roundabout.
Take the third exit off the roundabout signposted Sports Centre.
The entrance to Centre AT7 is immediately on the left.

From the M6:
Exit at Junction 3 of the M6 and take the 4th exit if travelling from the North or the 2nd if travelling from the South from the roundabout signposted Coventry; Holbrooks A444.
Proceed along the dual carriageway for half a mile and take the 2nd exit of f the roundabout signposted City Centre A444.
Proceed along the dual carriage way (Phoenix Way) for half a mile and take the 1st exit at the roundabout signposted City Centre A444; Foleshill Edgwick Industrial Estate.
Proceed along the dual carriageway for half a mile and take the 2nd exit signposted City Centre A444; Bell Green (this roundabout features a metal spiral sculpture).
Proceed along the dual carriageway for half a mile and take the 2nd exit and Centre AT7 is immediately on your left.

**BY BUS:**
From City Centre:
West Midlands Travel 21 and 31c provide a regular service between the City Centre and Courthouse Green. If using the 21 alight on the Bell Green Road at the first stop after the roundabout opposite the Post Office. The 31 stops at Sainsbury’s, a short walk form Centre AT7.
The Park and Ride scheme also operates a service between Centre AT7 and the City Centre.
Chesterton Sports Centre
Chesterton Community College, Gilbert Road, Cambridge, Cambridgeshire, CB4 3NY, 01223576110
Directions:
Exit A14 @ J32. Take 3rd exit into Histon Road. At 2nd set of traffic lights turn left into Gilbert Road. Chesterton Sports Centre is approx 1/2 mile on right, opposite Courtney Way.

Cleobury Mortimer Sports Centre
Cleobury Mortimer Sports Centre, Lacon Childe School, Love Lane, Cleobury Mortimer, Shropshire, DY14 8PE, 01299 271317
Directions:
From M6: Leave M6 at Junction 13 and take the A449 to Wolverhampton. Follow the A449 (Ring Road) and turn off for Bridgnorth on the A454. When you reach Bridgnorth turn left at the islands and then turn right about 100 yards after. Follow the road over the bridge and around the bend until you come to a long right hand corner. When you go around the corner turn immediately left by the garage and this puts you on the B4363 to Cleobury Mortimer. When in Cleobury go through the village past the 1st garage on your left. Before you reach the 2nd garage turn right into Love Lane (Sports Hall is signposted here), follow the road up and round past Lacon Childe School on your left. Take next left into Bus Park where you will be able to see the hall.

From M42: Leave M42 at Junction 1 and go into Bromsgrove, take the A448 and head to Kidderminster, head for the Town Centre, go down the hill past the Railway Station until you reach an island. Turn right and follow the Ring Road, going straight across the next 3 roundabouts. Head towards Bewdley, past the Safari Park, and then onto the A456 heading towards Tenbury Wells. Turn off, after about 4 miles, right to Cleobury Mortimer on the A4117, then as above.

Coombe Dean School
Coombe Dean School, Charnhill Way, Elburton, Plymstock, Devon, PL9 8ES, 01752 403113
Directions:
Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction - turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs for 'Kingsbridge'. Stay on the A379 for approx. 2 miles, through 3 roundabouts. At the next roundabout turn right into Springfield Road. At the first set of traffic lights (not pelican crossing) turn left into Reservoir Road, proceed 400m and turn right into Charnhill Way. The school is at the end of Charnhill Way. Journey time from Marsh Mills roundabout to Coombe Dean school takes approx. 10-15 mins.

Cranfield Fitness Centre
45, College Road, Cranfield, Bedford, MK43 OAL, 01234 752988
Directions:
Most teams will come via the M1. Southbound, the exit is Junction 14. Turn left onto A509 and then right onto Newport Road. At a village called Moulsoe, this becomes Cranfield Road. Follow this towards Cranfield Airport. When you reach the campus, turn left onto University Way. Follow this right up until it becomes College Road in the heart of the campus. Take the first left onto Lanchester Road and the sports hall is immediately on your left. Parking is plentiful and is just a few yards down Lanchester Road on your left.

Teams travelling Northbound should take the exis at Junction 13. Turn right onto Salford Road toward Hulcote. Once you reach Salford, turn right onto Cranfield Road. From there, the instructions are as above.
**Darlington Education Village**
Darlington Education Village, Salters Lane South, Darlington, Durham, DL1 2AN, 01325 254000  
**Directions:**  
1. Leave A1(M) at Junction 57, signposted Darlington & Teesside A66(M)  
2. At roundabout take 1st exit, following signs for Darlington (A66)  
3. At the next roundabout take 3rd exit, signposted Teesside/Yarm (A66)  
4. Go straight over the next 3 roundabouts  
5. At the 4th roundabout take the 1st exit, signposted Darlington  
6. At the next roundabout take 1st exit, signposted Town Centre  
7. At the mini roundabout take the 2nd exit onto Salters Lane South  
8. Follow the road round over several speed bumps and the school will be on the right hand side.

**Dartford Technology College**
Dartford Technology College, Heath Lane, Dartford, Kent, DA1 2LY, 01322 224 309  
**Directions:**  
From M25, Exit at J1B towards Dartford A225. Take exit on to A296 / Princes Road towards Dartford. Stay on Princes Road continue over 1 roundabout. At lights turn right on to Lowfield Street A225. Turn left at Heath Street. At roundabout 2nd exit on to Heath Lane. Turn right in approximately 100 yards.

**David Ross Sports Village**
University of Nottingham, University Park, Nottingham, Nottinghamshire, NG7 2RD, 0115 9515151  
**Directions:**

**Dean Trust Ardwick**
345 Stockport Road, Manchester, M13 0LF, 0161 972 2988  
**Directions:**  
Directions Ardwick from West:  
M62 (signs for M6/M57/Manchester/Warrington/St Helens/Huyton). Keep right to continue on M602. Continue onto Regent Rd/A57. Continue to follow A57. Keep right to continue on A57(M), follow signs for Ring Road/M'cr Airport/A5103/Birmingham/M6/Stockport/A6/Sheffield/A57. Take the A6 exit towards Stockport/Sheffield/Piccadilly/A57/A34. Keep right, follow signs for A6. Turn right onto London Rd/A6. Continue to follow A6. At the roundabout, take the 3rd exit onto Stockport Rd/A6. Destination will be on the left.

Directions from South  
M6  
At junction 19, take the A556 exit to Manchester/M'cr Airport/M56. At Tabley Interchange, take the 3rd exit onto Chester Rd/A556. At the roundabout, take the 3rd exit onto the M56 slip road to Manchester/M'cr Airport. Merge onto M56. Keep left at the fork to stay on M56. At junction 1, exit onto Kingsway/A34 towards City Centre/Didsbury. At the roundabout, take the 1st exit onto Moseley Rd/A34. At the roundabout, take the 2nd exit onto Birchfields Rd/A34. Turn right onto Birch Hall Ln. Continue onto Birch Ln. Turn left onto Stockport Rd/A6. Destination will be on the right.

Directions from East  
M62  
At junction 20, take the A627(M) exit to Rochdale/Oldham. At Thornham Interchange, take the 1st exit onto A627(M) heading to Oldham. Continue onto Broadway/A663. Turn left to merge onto M60 towards Ring Rd (E & S)/Ashton-u-Lyne/Sheffield/M'cr Airport/M67/M56. At junction 24, take the A57 exit to M'cr City Centre. At Denton Island, take the 3rd exit onto Manchester Rd/A57. Continue to follow A57. Turn left onto Devonshire St/A665. Turn left onto Stockport Rd/A6. Destination will be on the left.

**Derbyshire Volleyball Centre (Derby Moor)**
Derby Moor Community Sports College, Moorway Lane, Derby, Derbyshire, DE23 2FS, 01332 772 706  
**Directions:**  
Exit M1 at Junction 25 follow signs to Derby A52 drive for 6 miles. At the Pentagon roundabout stay in the middle lane follow signs to Uttoxeter, A 52, inner ring A516, Derby Royal Hospital. At Ring Road junction turn left onto Ring Road A 5111 stay in right hand lane for half mile. At junction turn right onto a 5250 towards a Littleover after half a mile turn left onto Old Hall Road drive about half mile turn right onto Moorway Lane. Derby Moore is on your right about 150m.
Dudley Evolve
Tower Street, Dudley, DY1 1AF,

**Directions:**
Venue Name: Dudley Evolve (part of Dudley College of Technology)
Address: Tower Street, Dudley, West Midlands DY1 1AF

By road
Dudley Evolve, part of Dudley College, is located not far from junction 2 of the M5 motorway. On exiting junction 2, head towards Dudley on the A4123, passing a large Tesco Superstore on your right after 4 miles. Upon reaching the island after this superstore, continue straight on past the visitor entrance to Dudley Zoo and Castle. Heading up the hill, go over at the first set of lights. You will then see Dudley Evolve on your left. There is paid car parking opposite Dudley Evolve, however if you continue straight for 200m, passing a set of traffic lights, there is the main college campus car park, where parking is free.

By rail
The local rail stations of Coseley and Dudley Port offer links to the local branch line between Wolverhampton and Birmingham New Street. Both stations are around 2 miles away with local bus services and taxi firms available.

A map of our location is available [here](#).

Easton & Otley College
Easton Campus, Easton, Norwich, Norfolk, NR9 5DX, 01603 731200

**Directions:**
Satnav users, please use the following postcode: NR9 5GA (Dunham Road, Easton, Norwich).

From the North, come off the A47 at Easton and take the 3rd exit at the roundabout on to Dereham Road. Follow this road and turn right in to Bawburgh Road. Follow this road until you meet Broom lane and the College is directly in front of you.

From all other directions come off the A47 at the Longwater junction and at the roundabout take the first junction on the left which is Long Lane. Follow this road and it will turn in to Marlingford Road. At the junction turn right on to Bawburgh Road and the college will be on the left where the road turns in to Broom Lane.

When you enter the college you need to follow the signs to the sports centre which is right round the back of the campus, past the tennis centre.

Ernest Bevin College
Ernest Bevin College, Beechcroft Road, Tooting, London, SW17 7DE, 020 8672 8582

**Directions:**
From North: M4 Junction 2. A205 South circular for about 6.5 miles. On entering Wandsworth continue forward onto West Hill (A3). At Wandsworth Town turn right, then left onto Armoury Way (1 way system). Stay in the right hand lane, follow the one way system into Fairfield Street. Then at end turn left (signposted South Circular, Central London) onto East Hill. Turn right, then right again (following 1 way system). Branch left onto Trinity Road A214. Continue forward for approx 2.7 miles entering Tooting. Turn right into Broderick Road and left at the end into Beechcroft Road. College is 300m on right.

From South: M3, A316, A205 South Circular then as above.

Nearest tube station: Tooting Bec (1km)
Nearest Main Rail: Wandsworth Common (700 metres)

Fairfield High School
Fairfield High School, Fairfield Avenue, Droylsden, Manchester, Greater Manchester, M43 6ED, 0161 370 1488

**Directions:**
Exit M60 at J23. Take A635/A662 towards Manchester/Droylsden. Go past the retail park on the left hand side. At the lights go straight on (A635 Manchester Old Road). Go straight on at the next 2 sets of lights (car show room on the left). Just after pelican crossing (by the chemist and before petrol station), turn right into Fairfield Avenue. The school is at the top of the avenue.
**Ferry Leisure Centre**  
Ferry Sports Centre, Diamond Place, Oxford, Oxfordshire, OX2 7DP, 01865 467060  
**Directions:**  
From M40 Northbound: Leave the motorway at Junction 8 and follow the A40 to the Oxford ring road. At the Green Round roundabout turn right onto the Oxford ring road. After about 4 miles turn left at the next roundabout (Cutteslowe) signed for Summertown and Oxford City Centre. This is Banbury Road. After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.  

From M40 Southbound: Leave the motorway at Junction 9 and at the roundabout join the A34 southbound towards Oxford. Take the Pear Tree exit signed for Oxford (about 5 miles). At the interchange follow the short duel carriageway towards Oxford. At the next roundabout (Wolvercote) take the second exit (A40 signed for London). After about a third of a mile at Cutteslowe Roundabout turn right towards Summetown (Banbury Road). After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.

**Holly Lodge Girls College**  
140 Mill Bank, Liverpool, L12 7LE  
**Directions:**  
Driving directions from M62:  
At the end of the M62 motorway turn right under the flyover onto Queens Drive northbound  
Continue for 1.7 miles and turn onto Mill Lane by the Jolly Miller pub.  
Follow the road for about 350 yards then turn left just after the zebra crossing into the school entrance  
The best postcode for Sat Nav is L12 7JU.

**Hull Holy Trinity House Academy**  
95-133, George Street, Kingston upon Hull, Hull, HU1 3BW, (01482) 326421  
**Directions:**  
From the M62 follow the a63 castle street into Hull, at the magistrates court turn left onto market place and follow the road straight onto Lowgate, towards George st. turn right at the ‘T’ junction then take an immediate left down charlotte mews st - a very small cobbled road (down the side of piztion nightclub). Parking is available at the school on the left.

**Iffley Sport Centre**  
Jackdaw Lane, Iffley Road, Oxford, OX4 1EQ, 01865 240 476  
**Directions:**  
From the Oxford Ring Road (A4142/A34/A40):  
Exit at Littlemore Roundabout towards City, Iffley & Rose Hill Now on A4158 (Iffley Road) Entrance to Sports Complex via Jackdaw Lane Once you are on the Jackdaw Lane, the complex entrance is on your right.
Irlam & Cadishead Leisure Centre
Liverpool Road, Irlam, Manchester, M44 6BR, 0161 775 4134

Directions:
From South:
M6 northbound. Take junction 21 the A57 exit to Irlam/Warrington (Ctr & East)
At the roundabout, take the 3rd exit onto Manchester Rd/A57
Continue to follow A57for (4.3 miles)
At the roundabout, take the 3rd exit onto Cadishead Way/A57
After 0.9 miles - turn left onto Fairhills Rd/B5311 (0.5 mi)
Travel 0.5 miles & keep right to stay on Fairhills Rd/B5311
Turn right at the T junction onto Liverpool Rd/B5320
Sports Centre is on the right

From North:
From M62, join M60. Take junction 11 exit to Eccles/Irlam.
At the roundabout, take the 3rd exit onto Liverpool Rd/A57 (signed Irlam), travel 1.8 miles
At the roundabout, take the 2nd exit onto B5320
Travel 1.4 miles - Sports Centre is on the left

Island Sports Trust
100 Manchester Road, London, London, E14 3DW, 0207 001 9441

Directions:

Itchen College Sports Centre
Itchen College, Middle Road, Bitterne, Southampton, Hampshire, SO19 7NS, 02380 448787

Directions:
From M3, head eastbound along the M27, Leave M27 at Junction 8, taking the A3024 towards Southampton and Bitterne. At the roundabout take 3rd exit A3024 Burseldon Road. Go along approximately 5 miles, at the top of the hill opposite the Chinese Takeaway, take left turn into Ruby Road, continue into Middle Road. The College is on the right, if you reach the Earl of Locksley Pub you have gone too far.

Joseph Rowntree School
Haxby Road, New Earswick, York, North Yorkshire, YO32 4BZ, 01904 552100

Directions:
Take the A19 until you reach the York Northern bypass. Take 1st exit at roundabout (A1237). At the 3rd roundabout take the 3rd exit (signposted New Earswick). Joseph Rowntree School is on the left in less than 1/4 mile.
Keele University Sports Centre
Keele University Sports Centre, Keele University, Keele, Newcastle Under Lyme, Staffordshire, ST5 5BG, 01782 583368

Directions:
If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

If travelling up M1 join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

Kendrick School
Kendrick School, London Road, Reading, Berkshire, RG1 5BN, 0118901 5859

Directions:
From East:
From M4 take Junction 10 and go towards Reading on the A329(M). Follow the signs to Reading, turning from the A329(M) onto the A4. Keep following the A4 (London Road) and keep in the middle lane when the road turns into a 3-lane one-way road. The right hand lane turns off as you are passing the hospital on the left and then a Murco garage on the right. Keep in the middle lane until after the right hand lane has turned off into Sidmouth Street. Turn right into East Street (one way road) straight after the Turks Head pub, the school entrance is about half way down on the right hand side.

From West:
From M4 take Junction 11 and go towards Reading on the A33. Follow the signs to Reading over several roundabouts, until the road changes to the A329. When you get to the ring road junction, turn right onto the ring road (A329), following signs for the Oracle. Then take the first exit, taking you down to the Oracle roundabout. Take the third exit (the 2nd exit is both for the Oracle car park and the A329, do not take either) and follow the road round to the right at traffic lights at the end. Take the first left into South Street, then turn right into Sidmouth Street, at the top turn right onto London Road (A4). East Street is the right turn immediately after the Turks Head pub, the Kendrick School entrance is about half way down on the right hand side. Please note East Street is a one-way road.

Note: It's MUCH easier from junction 10 if people don't mind doing one more junction on the M4 when coming from the West.
Kingston College Arena  
Kingston Hall Road, Kingston-upon-thames, Surrey, KT1 2AQ, 0208 268 2768  
**Directions:**  
Walking from Bus or Railway station  
Leaving from either exit of Kingston Railway Station, make your way over to the Rotunda Leisure Centre (silver building, diagonally across the road from you). Keeping the Rotunda on your left, walk along this road (Clarence Street). You will pass Oceana and the telephone sculptures, also on your left. Continue until you come to a large road junction with pedestrian crossings. Continue straight across (the bus station will be visible on your left). Walk along this road (Wheatfield Way) past the Kingston Museum, and continue to follow the main road. Cross at the pedestrian lights over Fairfield South and follow the road until you reach the College Roundabout. The College is clearly visible from here.

By Bus  
London Buses services 57, 65, 71, 85, 111, 213, 281, 406, 726 and others stop at Cromwell Road Bus Station in Kingston. From Kingston bus station it is a 5 min walk.

By Train  
Kingston is 25 minutes from London Waterloo station (Travel card zone 6). Take South West Trains services from London Waterloo, Clapham Junction or Wimbledon calling at Kingston. There are 6 trains per hour from London Waterloo to Kingston, of which 4 run via Wimbledon and 2 run via Richmond and Putney. There are also 2 trains that run to Shepperton travelling through Kingston. From Kingston station it is a 5 min walk.

By Car  
To find the centre by car from all directions follow signs to The Rose car park. Nandos chicken restaurant is on the corner of the road that leads to the car park. The Arena is located 50m past the vehicle entrance to the car park. From 6.30 pm you can park your car for £1.00.

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Lambeth Academy  
Elms Road, Clapham, London, SW4 9ET, 020 7819 4700  
**Directions:**  
Coming from M25 – West of London:  
Take the M4 (Junction 15) exit toward London (W&C)/Slough/Heathrow Airport, this will change to become the A4. Continue on A4.  
Continue to follow the A4 until you get to Earls Court Road. Turn right onto Earls Court Road (A3220)  
Follow A3220 for about 1 mile and then turn left onto Cremorne Rd (A3220) Continue onto Cheyne Walk (A3212) and follow for aprox. 1 Mile. Turn right onto Chelsea Bridge Rd (A3216) and follow for 1 mile then turn left onto Silverthorne Rd (B224). Continue to follow this road for about a mile and keep right to continue on to Old Town (B303)  
Keep following the B303 until it changes to The Pavement then turn right onto Clapham Common South Side (A24) Follow this until you reach Elms Road on the left. Turn left onto Elms Rd and Lambeth Academy will be on the left.

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Lavington School  
Lavington School, The Spring, Market Lavington, Devizes, Wiltshire, SN10 4EB, 01380 812 352  
**Directions:**  
Leave the M4, J17 towards Chippenham (A350). From Chippenham take the A4 towards Derry Hill/Devizes. At Derry Hill take the A342 into Devizes and take the A360 towards Petterne. Continue on this road for around 6 miles until the crossroads. Turn left at the crossroads and the school is 1 mile on the left.
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>LeAF Academy</td>
<td>Oakmead Technology College, Duck Lane, Bournemouth, BH11 9JJ, 01202 774 600</td>
<td></td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>Coming on the A350, take the A3049 and then the A348, go past a Shopping / business park on your right, at the next small roundabout go right into Poole Lane. Follow the road until you come to Duck Lane on your left. From the East go via Ferndown towards Poole. At the Bear Cross roundabout go straight over on the A348. Past the playing fields on your left to a roundabout. Take the first left into Poole Lane as above.</td>
<td></td>
</tr>
<tr>
<td>Loddon Valley Leisure Centre</td>
<td>Loddon Valley L.C., Rushey Way, Lower Earley, Reading, Berkshire, RG6 4GD, 0118 9312066</td>
<td></td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>M4 Junction 11, take B3270 East, parallel to the Motorway. Follow road past Foster Wheeler on left, go right (2nd exit) at first mini-roundabout. Almost immediately go left at next mini-roundabout into Earley Way West. At next roundabout go left into Beeston Way, and at next turn right (2nd exit) into Rushey Way. Go over the next roundabout and the entrance to the centre is on the left 200m further on.</td>
<td></td>
</tr>
<tr>
<td>Madeley High School</td>
<td>Madeley High School, Newcastle Road, Madeley, Newcastle Under Lyme, Staffordshire, CW3 9JJ, 01782 297200</td>
<td></td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds. If travelling up M1, join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.</td>
<td></td>
</tr>
<tr>
<td>Maidstone Leisure Centre</td>
<td>Mote Avenue, Maidstone, Kent, ME15 7RN, 0845 155 2277</td>
<td></td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
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<td></td>
</tr>
</tbody>
</table>
Moulton College  
Gate 3, West Street, Moulton, Northamptonshire, NN3 7SX, 01604 491131  
**Directions:**  
Driving Directions  
By Road: The College is situated in the village of Moulton, which is 5 miles from the centre of  
Northampton. Moulton can be reached either by the A43 Northampton to Kettering Road or from  
The A508 Northampton to Market Harborough Road. In either case, avoid signs for Moulton Park  
as this is an Industrial Estate.  

From the South via the M1 & A43:  
Exit the M1 at Junction 15 and join the A508 North. After 2 miles the A508 becomes the A45. At  
the third intersection leave the A45 by the slip road and join the A43 (signposted Kettering). Travel  
for 3 miles, straight across 2 roundabouts and at the third turn left onto Overstone Road (signposted  
Moulton). Continue until you see the Co-op and bear slightly left until you reach a mini-roundabout  
in front of the Post Office. Turn right down Stocks Hill, which leads into Cross Street, which leads  
into West Street. Take the first turning right into Pitsford Road and then first right again into the  
College.  

From the North via the A508: Leave the A508 when signposted Pitsford and pass through the  
village following signs to Moulton. On leaving Pitsford follow Moulton Road, which becomes Pitsford  
Road, for 1.5 miles when the entrance to the Holcot Centre will be seen on your left. For the Main  
Site, continue for 700 metres and turn left into the College.  

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Mountbatten Sports Centre  
Alexandra Park, Twyford Avenue, Portsmouth, Hampshire PO2 9QA, 02392 626 500  
**Directions:**  
Come into Portsmouth on M275 and leave at first exit. The Mountbatten Centre is signposted - at  
the roundabout take the first left and proceed for about 1 mile. The centre is directly in front of you.  
Take the first exit at the mini-roundabout for parking.  

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Mulberry Academy  
Gosset st, Shoreditch, London, E2 6NW  
**Directions:**  

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New Forest Volleyball Centre  
Ballard School, Fernhill Lane, New Milton, Hampshire, BH25 5SU, 01425 626900  
**Directions:**  
From Jct 1 (M27):  

Take the exit to the A31 signposted Lyndhurst - from the West this will be third exit, from the east  
the 1st exit. At the next roundabout, take the 3rd exit onto Lyndhurst Rd/A337 and continue to follow  
A337.  

After 3.3 miles, you will arrive in Lyndhurst. From the traffic lights, turn left and take the third right  
(signposted Lymington) onto Gosport Lane/A337/A35. Remain in the right hand lane and follow the  
road. After the road splits, move into the left hand lane immediately (road markings are A35) and  
follow the road onto Chapel Lane.  

At the next junction, turn left onto Bournemouth Road/A35. Stay on this road for 7.2 miles, and turn  
left onto Holmsley Road/B3058 (signposted New Milton/Wootton/Bashley). Follow the road for 3.3  
miles and the Centre is located on the right hand side approximately 1 mile after Fernhill Sports  
Ground.
National Volleyball Centre Kettering
Thurston Drive, Kettering, Northamptonshire, NN15 6PB

Directions:
FROM THE SOUTH
Head Northbound on the M1. Leave M1 at Junction 15 and follow A45 towards Northampton. From A45 pick up A43 towards Kettering. Follow A43 for approximately 10 miles. Cross over A14 at large roundabout and head towards Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

FROM THE NORTH
Head southbound on the M1. Leave M1 at Junction 19 and follow A14 towards Kettering. Leave A14 at Junction 8 (signposted A43 Northampton/Kettering West). Take the first exit, signposted Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

FROM THE WEST
Head southbound on the M6. Leave M6 after Junction 1 (before joining M1) and follow A14 towards Kettering. Leave A14 at Junction 8 (signposted A43 Northampton/Kettering West). Take the first exit, signposted Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

BY TRAIN:
Kettering Midland Mainline Station is less than 15 minutes walk away. Trains to & from London about every half hour and take 55 minutes.

The venue has car parking spaces for 600 vehicles and additional space for 12 coaches.

New Victory Hall
Ashby Road, Loughborough, Leicestershire, LE11 3AJ,

Directions:
From Junction 23 of the M1 take the turning towards Loughborough, A512 and follow this road towards the Town Centre. At the 1st roundabout go right and take the second exit onto Loughborough University Campus through the barriers. When on campus, park on Holywell park (near the Stadium) and the sports hall is in Holywell gym which is signposted.

Newmarket Leisure Centre
Newmarket Sports & Leisure Centre, Exning Road, Newmarket, Cambridgeshire, CB8 0EA, 01638 782 500

Directions:
Leave A14 at the junction with the A142 (Newmarket). Head into Newmarket and at the 2nd roundabout (Tescos) turn right. Follow this road past the fire station and builders merchant (sharp left hand bend) until you reach the T junction with the B1103. Turn left and follow this road into Newmarket. The sports centre entrance is on the right on the main road approx 300 yards after the mini roundabout by the Cherry Tree Pub.

North Cambridge Academy
Manor Community College, Arbury Road, Cambridge, CB4 2JF, 01223 273983

Directions:
From all directions, the M11 and A14 is the best approach. Exit the M11 at junction 14, take the A14 East toward Newmarket and Harwich. Exit the A14 at the junction with the B1049, signed Histon and Cambridge. Turn towards Cambridge. Take first left on Kings Hedges Road. Take first right onto Arbury Rd. After about 1/2 mile turn left into Manor Community College. Follow the small road from the back of the car park to reach the Sports Hall.
Oasis Academy Brislington
Hungerford Road, Brislington, Avon, BS4 5EY, 01173 772055
Directions:
By train:
If arriving by train please ensure that you disembark at Bristol Temple Meads. Temple Meads is on the A4/Bath Road and frequent bus services operate to Brislington.
By car:
Approach Bristol on the M4. At Junction 19 take the M32 to Bristol City Centre. At the end of the M32 follow signs for the A4/Bath Road, which takes you past Temple Meads and on to Brislington. Continue along the A4 towards Bath until you come to a junction with McDonalds on the left and Park & Ride on the right: turn right into Stockwood Lane. Turn right again into Hungerford Road and the entrance to bec is on the left.

Oxley Sports Centre
Bradford Road, Sherborne, DT9 3QN, 01935 818270
Directions:
FROM SOUTH WEST:
Leave M5 at J29, exit onto Honiton Rd/A30 toward Honiton. Continue to follow A30 and after 20 miles continue straight onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM NORTH/NORTH WEST:
Leave M5 at junction 25, take the A358 exit to Taunton/Honiton/Yeovil/Weymouth. At the roundabout, take the 1st exit onto A358. At the roundabout, take the 1st exit onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM EAST/NORTH EAST:
Leave A303 taking the B3145 to Sherborne. When you reach the junction with the A30 turn right towards Yeovil. After 0.4 mile turn left onto Bradford Rd, the Sports Centre is signposted.

FROM SOUTH EAST:
Join the A350 towards Blandford Forum from A31/A35. Once past Blandford Forum turn left onto A357. After 9.4 miles, once through Lydlynch, turn left onto A3030. After 6.9 miles, at the T junction with the A352 turn right onto Sherborne Hill towards Sherborne. After 1.1 miles turn left onto Ottery Ln/A352. Continue to follow A352 0.6 miles and turn right onto Bradford Rd, the Sports Centre is signposted.
Plymstock School Sports Centre
Plymstock School, Church Road, Plymstock, Plymouth, Devon, PL9 9AZ,
Directions:
Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment you need to take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction and you will have to turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs to 'Kingsbridge'. Stay in the outside lane. At the end of the bridge there is a roundabout. Take the 2nd exit off the roundabout. Follow this road until you get to a set of traffic lights. Turn left at the lights into Church Road. Plymstock School is the next left turning. At the end of the drive, turn left. Follow the signs to the Sports Centre. Journey time from Marsh Mills roundabout to Plymstock school takes approximately 10-15 mins.

Priory Community Sports Centre
Priory School & Tennis Centre, FAWCETT ROAD, Southsea, Portsmouth, Hampshire, PO4 0DL, 023 9281 9115
Directions:
Approaching Portsmouth along the A27 from the East. You will see Farlington Marshes on your left. Look out for signs directing you to Portsmouth & Southsea and signs for PFC / Fratton park. On taking the slip road keep in the left hand lane. At the end of the slip road is a roundabout controlled by several sets of lights. You should turn left and shortly after doing so you will pass over a bridge onto Portsea Island. Follow this road (Eastern Road), with the sea to your left all the way to its end. Towards the end of the Eastern Road you will pass a public house on your left The Good Companion and to your right is a long hedged wall which is the boundary of Milton Cemetery at the traffic lights here follow road round to the right keeping the cemetery on your right.. The Eastern Road ends at a next set of traffic lights, infront of you you will see The Big Yellow Storage building at these set of lights go straight across this will lead you past Fratton park and through a small set of mini roundabouts you will pass a Mac Donalds and KFC on your right, when you get to the final roundabout with the Etap Hotel and Subway on your left. Take a right on to Goldsmith Avenue you will pass Fratton Train Station on you right at the first roundabout after the station take the first left into Fawcett Road you will see the School on the corner, take the first right into Rugby Road, this is an old cobbled street and the school car park is on your right. Please note street parking is either 2hrs or 3hrs.

Priory School
Earl Richards Road South, Exeter, Devon, EX2 6AP, 01392 204082
Directions:
From M5 North, proceed South along M5 to junction 30. Take the 3rd exit signed 'Exeter’. Take the second exit signed 'Dawlish’ and ‘Exeter City Centre’. Proceed to next roundabout, moving to right hand lane. Turn right towards Exeter City Centre along Topsham Road, passing a golf course and cemetery on your left. Go through the next set of traffic lights just after a footbridge and then take the next turning on the left into the school grounds.

Queens School
Aldenham Road, Bushey, Hertfordshire, WD23 2TY, 01923 224 465
Directions:
Leave M1 at junction 5 towards A41 Watford (South) / Harrow. At roundabout take 3rd exit onto Hartspring Lane (B462) Continue straight on Aldenham Road (B462).
Pass Costco and Metropolitan Police Club on left.
Queens School is on the left next to Police Club.

Website: www.queens.herts.sch.uk
**RAF Cranwell**  
Sleaford, Lincolnshire, NG34 8HB, 01400 261201 Ext 7232  
**Directions:**  
From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17 for approximately 12 miles. Turn left onto B1429.  

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right then immediate left onto the B1429. Then as below.  

RAFC Cranwell is signposted from the A17 to the left onto the B1429. You will require passes from the Main Guardroom. Continue past College Hall to the Guardroom, on your left just past the Main Gate. The Sheik Hamed Gym is back along the straight. Turn right before the LH bend (signposted Whittle Hall). The Car Park and Gym are 150m on the right.

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**Rawlett Leisure Centre**  
Comberford Road, Tamworth, Staffs, B799AA, 01827 57178  
**Directions:**  
From the M42 J10 - take the A5 exit to Nuneaton/Tamworth.  

After 3 miles, take the A51 exit toward Tamworth, and after half a mile, at the roundabout, head straight on onto Bitterscote Drive. At the next roundabout, take the 2nd exit onto Tamedrive/A51  

At the next roundabout, turn right (4th exit) onto Lichfield St/B5493 and continue to follow B5493, turning left at the traffic lights.  

Continue onto Upper Gungate/A513, passing through several sets of traffic lights. When the road forks, take the left hand fork onto Comberford Rd/A513. Rawlett is on the right hand side, about a mile after this.

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**Redhill School Sports Hall**  
Junction Road, Stourbridge, West Midlands, DY8 1JX, 0115 926 1481  
**Directions:**  
Redhill School Sports Hall:  

From the M5, exit motorway on junction 3. Follow A456 in the direction of Kidderminster. Then turn right on the A491 in the direction of Stourbridge. At the traffic light at the Tesco Petrol Station, turn right onto the Glass House Hill/B4186. Down the hill, turn Left onto Red hill. At the top of the hill, turn right onto Junction Road. The car park and the sports hall are on the right hand side of the road.

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**Redlands Community Sports Hub**  
Dorchester Road, Weymouth, DT3 5AW, 01305 813113  
**Directions:**  

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**Riseholme College (Showground Campus)**  
Horncastle Lane, North Carlton, Warwickshire, LN1 2ZR, 01522 895490  
**Directions:**  
From North - M180, Scunthorpe, Grimsby and Louth.  
Take A15 south from Caenby Corner (A631 junction), in 7.5 miles at R/A take 3rd exit onto A1500. After 200 yards enter Riseholme College (Showground Campus) on the left.  

From South - Lincoln, Newark, Sleaford and Boston.  
Take A15 north from A46 (Lincoln By-pass), in 2.4 miles take the first exit at R/A. After 200 yards enter Riseholme College (Showground Campus) on the left.  

From West - Gainsborough, North Notts. and South Yorks.  
Take A1500 eastbound from A159 at Marton (signpost Stow and Sturton), continue on Till Bridge Lane for 8.3 miles and then enter Riseholme College (Showground Campus) on the right.
<table>
<thead>
<tr>
<th>Location</th>
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<th>Phone</th>
<th>Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riverside Leisure Centre</td>
<td>Riverside Leisure Centre, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221 771</td>
<td></td>
<td>From the M5: At junction 31, merge left onto A30 (towards Bodmin/Okehampton). The road will swing round to the right and you will take the first exit off for the A377 (Exeter, Alphington, Crediton). At the roundabout, take the third exit (Exeter, Alphington, Crediton). Carry on straight up this road for approximately 1 mile, passing over the first junction (there will be a big Sainsburys on your right), the next junction (retail park on your right), the next junction (Aldi on the right), under a railway bridge, and the leisure centre is about 200yards beyond this on your left. There are traffic lights at the entrance, so turn in left towards the retail park/leisure centre and the turn left again behind the leisure centre, where there is parking available.</td>
</tr>
<tr>
<td>Ruth Gorse Academy</td>
<td>Black Bull Street, Leeds, LS101HW,</td>
<td></td>
<td>From M621 take exit 3 onto A663 towards Leeds centre &amp; Beeston. In 270yd keep right on A663 towards city centre. In 70yds continue onto Meadow Rd. In 260yds keep left on Meadow Rd towards Dewsbury. In 0.3mi. turn right onto Great Wilson St. In 0.3mi turn left onto Crown Point Rd. In 0.3mi. turn right then in 50yds left onto Chadwick St. The Sports hall entrance to The Ruth Gorse Academy is on your right.</td>
</tr>
<tr>
<td>Spelthorne Leisure Centre</td>
<td>Knowle Green, Staines, TW18 1AJ,</td>
<td></td>
<td>Leave the M25 at junction 13. At the roundabout take the 3rd exit on to the A30 towards Staines/London. After approx. 1 mile keep left to get onto the Crooked Billet roundabout (note that the main A30 continues straight through the roundabout). Once onto the roundabout take the 4th exit signposted A308 Staines. At the 2nd traffic lights (approx 500 yards) turn left which is signposted to the rail station. Continue past the station and then over a bridge where the road crosses the railway line, and at the roundabout just after the bridge turn right, signposted `Spelthorne Leisure Centre'. The Leisure Centre is at the end of the road on the right hand side.</td>
</tr>
<tr>
<td>Sports and Wellbeing Centre Durham</td>
<td>Maiden Castle, Stockton Rd, Durham, DH1 3SE, 0191 334 2178</td>
<td></td>
<td>Leave the A1 at the A177, Bowburn and Peterlee Junction. Take the exit signposted Bowburn from the roundabout. Continue on this road for approximately 3 miles. At this stage you will see the Rose Tree Pub on your left. Go over the bridge and on the right hand side you will see the Sports Centre playing Fields.</td>
</tr>
<tr>
<td>St Benedicts School</td>
<td>St. Benedicts School, Eaton Rise, Ealing, London, W5 2ES, 07902 890 157</td>
<td></td>
<td>From North: M1 Junction 1 - North Circular (A406 west). Follow road for about 5 milies to Hanger Lane gyratory system (large roundabout). Stay on A406 towards Ealing / Kew Road. Road narrows to two lanes. Turn Right into Hillcrest Road at 1st set of lights. Take the third right into Montpelier Road, continue to roundabout. Left into Eaton Rise, 1st right into Marchwood Crescent. Gates to school 50m on right. From South: From the end of the M3, continue on A316 for approx 7 miles. Cross the River Thames on Twickenham Bridge. After about 1/2 mile turn left on A307 (Kew Road) continue for 2 miles over Kew Bridge. Join A406 East and continue under flyover towards Hanger Lane. This is also the last exit from M4 eastbound. After 1 1/2 miles on A406 turn left into Hillcrest Road, then as above.</td>
</tr>
</tbody>
</table>
St John Payne School
Patching Hall Lane, Chelmsford, Essex, CM1 4BS, 01245 256030
Directions:
From North
From the M11 Junction 8 take A120 Braintree. Near Braintree take A131 to Chelmsford. Follow road across several roundabouts. Turn right at a roundabout near Springfield for A1016 towards Chelmsford. At the 2nd roundabout take the 2nd exit across Valley Bridge towards Broomfield. Turn left at the lights to join Broomfield Road. Turn left at the next lights to join Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

From South
From J28 of the M25 take the A12 towards Chelmsford. Near Chelmsford turn left onto the A414 towards Chelmsford. Cross the first roundabout and turn left at the second roundabout (adjacent to VW garage) to approach town centre on A1016. Cross numerous traffic lights until you join a large gyratory system. Take first left on B1008 - Broomfield Road. Turn left at the second set of lights into Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

Steiner Academy Sportshall
62 Oldbury Court Road, Bristol, BS16 2JG,
Directions:
From the M4, Take Junction 19 onto the M32 towards Bristol
Leave the M32 at Junction 1, and at the roundabout take the 1st Exit onto the A4174 towards Kingswood/Frenchay
At the next roundabout, take the 2nd Exit towards Fishponds/Downend/Bromley Heath
After about half a mile, there's a row of Shops on your right, turn right at the end of this row of shops (before the traffic lights) onto Oldbury Court Road
Follow this road, and the Sports hall will be on your left, parking is available on the tarmac immediately outside the Sports hall.

Stephen Perse Foundation Cambridge
Union Road, Cambridge, CB2 1HF
Directions:
From the M11 (West, North and South of Cambridge) take exit 12 onto A603 towards Cambridge. Just over 2km there is roundabout (with Shell garage on the left), take 2nd exit to stay on A603 (Fen Causeway) and then after approx 500m turn left and right at two mini roundabouts. Continue to the junction and turn right onto A1307 (Hills Rd). Take 2nd right onto Coronation Street, Stephen Perse Foundation car park is approximately 100m on right.

From the A14 (East of Cambridge) take exit 35 onto A1303 towards Cambridge. Cross straight over first roundabout to stay on A1303 and over next roundabout onto A1134 (this has a McDonalds to the right). Follow approx 1.5 km to next roundabout and take first exit onto A603. Continue approx 1km (straight on at junction with Mill Rd) to junction with A1307 (Hills Rd) and turn left. Take 2nd right onto Coronation Street, Stephen Perse Foundation car park is approximately 100m on right.
Strood Sports Centre
Watling Street, Kent, ME2 3JQ,
Directions:
From A2 Southbound - You just stay on the A2, the Sports Centre is on on your right. To park you need to go around the back of the centre, so you take the 1st right into Woodstock Road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M2 Northbound - Come off at junction 2, take the 1st exit on the roundabout and 1st exit on the second roundabout heading for the A228 to Rochester. You will drive over the motorway. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M20 Take junction 4 onto the A228 towards Rochester and keep going straight over all roundabouts passing over the M2. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

Sunderland College
Bede Campus, Durham Road, Sunderland, SR3 4AH,
Directions:

Sunderland University: City Campus
City Space, Chester Road, Sunderland, SR1 3SD, +44 (0) 191 515 3696
Directions:
Follow A1 North
At exit 62, take slip road left for A690 toward Durham/Sunderland/Consett
At roundabout, take 3rd exit onto A690
Pass through 3 roundabouts, remaining on A690
University and sports hall on left.
Parking nearby.
Surrey Sports Park  
University of Surrey, Richard Meyjes Road, Guildford, Surrey, GU2 7AD, 01483 689 111

Directions:
DIRECTIONS

Link

By Car
Guildford is 30 miles south-west of London, on the A3 London-Portsmouth road. If approaching from London or the M25 (Junction 10), remain on the bypass (A3) until you reach the exit signed to the Cathedral and University. At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If approaching on the A322 or A323 from Bagshot or Aldershot, at the A3 roundabout take the exit signed to Portsmouth, and then turn off the A3 at the first exit (signed to the Cathedral and University). At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If entering Guildford from Horsham (A281) or Godalming (A3100), leave the central gyratory system at the exit signed for Farnham (A31). After approximately 200 yards, at the mini-roundabout, take the first turning right into Guildford Park Road, and continue along Madrid Road and The Chase for a mile. At the next roundabout, take the first exit and follow the signs to the Royal Surrey County Hospital for approximately a mile. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

By Train
Guildford is on the main line between London Waterloo and Portsmouth. Half-hourly train services run from Guildford to Waterloo, with journey times of 40 minutes. For further information, call National Rail Enquiries on 08457 484950.

From the railway station

Walking: Leave station by footbridge and rear exit. Turn right from the station along Guildford Park Road and continue along Madrid Road and The Chase for a mile. Follow the path past the Guildford Cathedral to the main University of Surrey campus entrance. At the entrance turn left through the woodland area and follow the path through two underpass tunnels until you reach Tesco’s. Follow the main road around left (Egerton Road) until the mini-roundabout at the entrance of the Royal Surrey County Hospital. The entrance to Surrey Sports Park should be visible on the left-hand side via Richard Meyjes Road. (20-25 mins)

Bus: ARRIVA buses (leave station by footbridge and rear exit, cross main road to bus stop) operates a regular service to Surrey Sports Park via its 36 and 37 bus services, which currently provide a 20 minute frequent link during the main part of the day on Mondays to Saturdays, and every half-hour during the evenings and Sundays.

Egerton Road and the Royal Surrey County Hospital are also both a few minutes walk to Surrey Sports Park, which you can access from services 3, 4, 5, 26, 27, 36 and 37 run approximately every ten minutes during the day. The earliest service is at approximately 6am and the last bus is just before midnight. On Sundays there is a reduced service. For further information, call Traveline on 0870 608 2608.
**Telford College of Arts and Technology**

Haybridge road, Wellington, Telford, Shropshire, TF1 2NP, 01952 642200  
**Directions:**  
From the M6 continue on M54, follow signs for Wales/Telford/Wolverhampton/Shrewsbury/A5  
At junction 6, take the A5223 exit to A442/Telford(West)/Whitchurch  
At the roundabout, take the 3rd exit onto Whitchurch Dr/A5223 (Past Tesco's)  
Go straight over the Retail Park roundabout onto Whitchurch Dr/A5223  
At the roundabout go straight over, taking the 2nd exit onto Whitchurch Dr/A5223  
At the roundabout turn left onto Haybridge Rd, over the bridge, take the 1st left into Telford College of Arts and Technology (TCAT - College Campus)  
The sportshall is at the end of the car park next to 'The Dome'  

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**Tendring Technology College**

Tendring Technology College, Rochford Way, Frinton-on-sea, Essex, CO13 0AZ, 01255 672116  
**Directions:**  
From A12 South: Head toward Colchester and then follow signs for Clacton. *Take A120 to Clacton and A133 for Frinton and Walton. Continue straight on towards Frinton level crossing and turn left into Elm Tree Avenue. Turn 2nd right into Rochford Way. College opposite shopping centre.*  
From A12 North: A12 turn off for Colchester. At roundabout take Clacton turn-off on A120, continue directions as above from *.

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**The Ashcombe Volleyball Centre**

Ashcombe Volleyball Centre, The Ashcombe School, Ashcombe Road, Dorking, Surrey, RH4 1LY, 01306 886312  
**Directions:**  
From M25 take exit No 9 follow A24 South to Dorking (approx. 4 Miles). At 1st set of traffic lights (Dorking Station) turn right into Ashcombe Road. Take 3rd entrance on left into School and park in Car Park on right. Sports Centre is situated behind the School. Dorking railway station and Dorking Deepdene railway station are situated on the A24 adjacent to the School.  
From South Or North: Take A24 to Dorking, turn into Ashcombe Road at the only set of traffic lights on A24 opposite Dorking station. Directions as above.

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**The Ellesmere Port C of E College**

164 Whitby Rd, Ellesmere Port, Cheshire, CH65 6EA  
**Directions:**  
Leave M56 at the 15-Stoak Interchange junction, Use the left 2 lanes to follow signs for M53 towards Ellesmere Port/Birkenhead. Leave M52 at junction 9, take the A5032 exit to Ellesmere Port Centre. At the roundabout, take the 1st exit onto Station Rd/A5032. Follow A5032 for 1 mile and the venue will be on the right just after a big set of traffic lights.
**The watershed DMU**
Upperton Rd, Bede Island, Leicester, Leicestershire, LE2 7AU, 0116 223 2347

**Directions:**
From the North:
1. Join the M6 Southbound and continue until Junction 16. Take the 1st exit towards the A500.
2. Continue along the A500 for 9.7 miles until the A50 towards Derby.
3. At the Sideway roundabout, turn slightly left onto the A50 slip road to Derby.
4. Continue along the A50 for 54 miles.
5. At the M1 interchange, keep right at the fork and follow signs towards the M1 Southbound towards Leicester.
6. Continue on the M1 until Junction 21. Take the exit, and follow the left hand lane towards the A5460 towards Leicester City Centre.
7. At the Fosse Park roundabout, take the 2nd roundabout onto Narborough Road towards Leicester City Centre along the A5460.
8. After the Shell petrol station, turn right at the traffic lights onto Upperton Road.
9. At the next roundabout, take the 5th exit to turn around, and The Watershed will be on your left-hand side.

From the West:
1. From the M42, continue along to Junction 15. Then take the first exit towards the A46 and Coventry Eastern Bypass towards the M69.
2. At Stivichall Interchange, take the 4th exit onto the A45 slip road to A46/M1/M69/London/Northampton/Leicester.
3. Continue along the Stonebridge Hwy/Coventry Eastern Bypass to the M69.
4. Join the M69 and continue to the end of the M69 near Fosse Park.
5. Take the 2nd exit towards the A5460 to Leicester City Centre.
6. At the Fosse Park roundabout, take the 2nd roundabout onto Narborough Road towards Leicester City Centre along the A5460.
7. After the Shell petrol station, turn right at the traffic lights onto Upperton Road.
8. At the next roundabout, take the 5th exit to turn around, and The Watershed will be on your left-hand side.
The Queen Elizabeth II Diamond Jubilee Leisure Centre  
50 Duns Lane, Leicester, LE3 5LX, 0116 250 6400  

Directions:  
Via Private Transport:  
From the North – Join the M1 motorway Southbound until Exit 21. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.  
From the South – Join the M1 motorway northbound until Exit 21. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.  
From the East – Join the A47 westbound towards Peterborough and Leicester. Stay on the A47 until you get to St. George’s Retail Park in Leicester City Centre, where you will take the 4th Exit of the roundabout onto St. Matthews Way. Continue in the right lane to go over Burleys Flyover, and join onto Vaughan Way. When approaching the underpass after John Lewis, stay in the left lane and take the exit to St. Nicholas Circle. Take the 2nd exit towards St. Augustine Rd. Continue in the left lane to turn left onto Narborough Road. Stay in the left lane and take the next left at the traffic lights onto New Park Street. Continue straight and the leisure centre will be on the left hand side.  
From the West – Join the M54 towards M6/Birmingham/Wolverhampton. At Junction 1, take the A460 exit towards Cannock. Continue on the A460 until the exit for the M6 Toll Eastbound. At junction T4, take the A5 exit towards M42 North/Tamworth. Continue on the A5 until Junction 1, then take the 2nd exit to the M69 towards Leicester. Continue to the end of the M69 to Fosse Park. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.  
To Park: The easiest place to park on a Sunday is on The Newarke, where roadside parking is available and free all day on Sundays. This is the next left road directly after the leisure centre.  
Via Public Transport:  
Walking from Leicester Railway Station: Turn right out of the train station towards the city centre and continue walking straight until you reach the Clock Tower on Gallowtree Gate. Continue walking left on the High Street, past the KFC on your left until you reach St. Nicholas Circle where the Holiday Inn is. Walk straight past the Holiday Inn, and around the roundabout and continue walking straight until you reach Richard III Road on your right, where you need to go left and cross over the highway onto Duns Lane. Continue walking straight and the leisure centre is on the left.

The Triangle  
Triangle L.C., Triangle Way, Burgess Hill, West Sussex, RH15 8WA, 01444 876000  
Directions:  
From A23 southbound turn left onto the A2300 - from the A23 northbound turn right onto the A2300. Continue along the A2300 and at the second roundabout go straight across and you will see the leisure centre at the next smaller roundabout. Turn left into the car park.

UEA Norwich Sportspark  
UEA Norwich Sportspark, University of East Anglia, Norwich, Norfolk, NR4 7TJ, 01603 592 398  
Directions:  
The Sportspark is located on the University Drive as you enter the campus off Earlham Road. Sportspark has its own car park (free of charge to Sportspark users).  
From London take the M11/A11; just outside Norwich take the A47 (Southern Bypass) in the direction of Swaffham. The University is signposted off at the next exit.  
If you are driving from the North or the Midlands, you can use the A47 via King’s Lynn, or the new A14 as far as Newmarket and then take the A11 to Norwich.  
UEA is situated on the outskirts of Norwich, around two and a half miles West of the City Centre, just off the Earlham Road (B1108) which is one of the main roads out of the City.
University of Bristol
University of Bristol, Centre for Sport, Exercise and Health, Tyndall Avenue, Bristol, Avon, BS8 1TJ, 0117 928 8810
Directions:
Follow the M32 until the end. Turn right, at the roundabout take the second exit (to BRI). Follow this round for about a mile. You pass an NCP car park on the left, 100 yards down the road you turn right into Woodland Road. On the top of the hill turn right into Tyndall Avenue. The second building on the left is the Sports Centre.

University of Essex – Sports Centre
Wivenhoe Park, Colchester, CO4 3SQ, 01206 873250
Directions:
If you are driving from London and the South via the A12, take the exit marked Colchester (A133). SAT NAV directions to the University using the postcode can be misleading therefore, it is recommended to follow roadside directional sign posts to the University.
If you are driving from Ipswich and the North on the A12, take the exit marked Colchester. From Colchester, the University is off the A133 to Clacton.
The sports centre is next to the new multi storey, car park B, entrance 1 (bottom of map). You can park in Car Park A or B. Please enter via the red dotted route.

Urmston Grammar School
Moorside Road, Urmston, Manchester, M41 5UU
Directions:
Leave junction 10 and head to the opposite side of the motorway to the Trafford centre following the B5214 to Urmston. At the small business park roundabout go straight on. At the larger cenotaph roundabout, take the second exit, (B5214) following the signs for Urmston Town Centre. At the junction with Flixton Road, turn right on to Flixton Road and continue until you see the signs for Urmston Grammar and turn right onto Newton Road. Urmston Grammar is 5 minutes from junction 10 of the M60 motorway.

University of East London (Sports Dock)
Docklands Campus, University Way, London, E16 2RD, 0208 223 6888
Directions:
From Cyprus Station on the DLR.
Walk towards the University and turn left walking along University Way alongside the Royal Albert Dock. When you reach the barrier on the Road turn left under the DLR, and there is an entrance just to your left, or you can walk round to the front entrance.
From Gallions Reach station on the DLR - slightly shorting walking distance. Walk halfway round the Roundabout clockwise entering University Way, and SportsDock is the building in front of you.

By Road, the SportsDock is off the Gallions Roundabout on the A406 NorthCircular at its far eastern end just before the Woolwich Ferry. SportsDock is Signposted off the Roadabout, along with University of East London. As you leave the Roundabout there is a barrier leading to the University, and a right turn immediately before that leads to the Sports Centre Car Park.

University of York Sports Centre
Sports Centre, University of York, Heslington, York, YO10 5DD, 01904 433 855
Directions:
From the A64, take the A19 exit and take the 1st exit towards York. After 1/2 mile turn R at traffic lights into Heslington Lane (signpost Fulford Golf Club). Continue straight on at mini roundabout and in about 1/4 mile turn L into the university. The Sports Centre is just to the left. Parking adjacent to the Sports Centre.

Vision West Nottinghamshire College
Derby Road, Mansfield, Notts, NG18 5BH, 01623 413354
Directions:
From M1 J27, take A608 towards Mansfield. After 1 mile, turn left on to A608 towards Mansfield. After 4 miles, turn right on to Caudwell Road. Turn left in to Sports Hall car park.

From M1 J28, take A38 towards Mansfield. After 4 miles, turn right onto A617. After 2 miles, turn left on to A60. After 100m, turn left on to Caudwell Road. Turn right in to Sports Hall car park.
Wilnecote Leisure Centre
Tinkers Green Road, Wilnecote, Tamworth, B77 5LF, 01827 831300
**Directions:**
From the M42 J10 (northbound), take the first exit onto the A5 and stay in the left hand lane. Exit the A5 onto Watling St, B5404. Go straight over the roundabout and continue straight for about 0.8 miles. Turn left into Hockley Road and then take the first left into Tinkers Green Road. Wilnecote School is about 200m along on the right.

Woodlands Community School
Woodlands Community School, Minstead Avenue, Harefield, Southampton, Hampshire, SO18 5FW, 02380 463 303
**Directions:**
From M3, head east bound on M27 until junction 7. At roundabout take 4th exit on A334. At roundabout take 4th exit into Moorhill Road (also know as A27). Continue on this road and take the 4th exit on the left, sign posted Harefield into Cheriton Avenue. Drive along this and turn right into Minstead Avenue just past the Hare and Hounds Pub. Woodlands Community College is located just over the rise of the hill on the left hand side.

XP School
XP East, Middle Bank, Doncaster, DN4 5NG,
**Directions:**
Directions -
From the M18, leave at junction 3 and take the exit to Doncaster on the A6182. Continue straight onto White Rose Way. At the second set of traffic lights, turn left to continue on the A6182. At the roundabout, take the fourth exit onto Middle Bank. Continue straight for 1/2 mile until you see XP school. XP East is behind XP School. Enter the car park on the right.

Y Club
Liverpool Road, Manchester, Greater Manchester, M3 4JR, 0161 837 3535
**Directions:**
From North/North East:
M62/Manchester/Halifax/Huddersfield
Continue onto M62
Continue onto M60
At junction 17, take the A56 exit to M'cr city centre/Prestwich/Whitefield Continue on A56. Drive to Liverpool Rd/A6143 in Manchester(5.2 mi) At the roundabout, take the 1st exit onto Bury New Rd/A56 Continue to follow A56 (3.9 mi) Turn right onto New Bridge St/A6042 Continue to follow A6042 (0.8 mi) Slight left onto Irwell St/A34 Continue to follow A34 Turn right onto B5225 Turn left onto Liverpool Rd/A6143 Destination will be on the right.
Car park is on the Potato Wharf.

From South:
(From Birmingham)
Merge onto M6 Manchester (Salford)
Keep right at the fork to stay on M6, follow signs for Stafford At junction 21A, exit onto M62 toward Leeds/Bolton/M'cr (N) Keep right to continue on M602 Take Regent Rd/A57 to Liverpool Rd/A6143 in Manchester Slight right to stay on M602 Continue onto Regent Rd/A57 Turn left onto A6042 Turn right onto Water St/A6143 Turn right onto Liverpool Rd/A6143 Destination will be on the right Car park is on the Potato Wharf.

York Stadium:
Jamess Way, University of York, Heslington, York, YO10 5NA
**Directions:**

York Stadium Leisure Complex:
Kathryn Avenue, Monks Cross, York, Yorkshire, YO32 9AF
**Directions:**