

Round 1

Sunday 8th December 2019; First named teams (in bold) to host

Group A	Group B	Group C	Group D
Urmston Grammar A Wirral VC Manchester Marvels Urmston Grammar B	Newcastle Staffs A Wales Junior Academy Newcastle staffs B	Taunton Academy of Beach Sports Wessex A Wessex B	Ashfield Vipers B Nottingham Rockets Hull Thunder VK Barnet
2 Qualifiers	2 Qualifiers	2 Qualifiers	2 Qualifiers

Round 2

Saturday 18th January 2020; First named teams (in bold) to host

Group A	Group B	Group C	Group D
Urmston Grammar A Urmston Grammar B Tameside (Bye) Ashfield Vipers A (Bye)	Black Country (Bye) Ashcombe (Bye) Wales Junior Academy Newcastle staffs A	Richmond A (Bye) Richmond B (Bye) Wessex A Taunton	Boswells (Bye) Graveney & Malory Eagles (Bye) VK Barnet Hull Thunder
2 Qualifiers	2 Qualifiers	2 Qualifiers	2 Qualifiers

Last 8's

Sunday 8th March 2020; National Volleyball Centre, Kettering

Group A	Group B
Wales Junior Academy	Urmston Grammar A
Tameside	Black Country
Boswells	Taunton
Richmond A	Graveney & Malory Eagles

National Finals

Saturday 25th or Sunday 26th April 2020; National Volleyball Centre Kettering

Round 1

Saturday 7th December 2019
 First named teams (in bold) to host

Group A	Group B	Group C	Group D
York Newcastle Leeds	Newcastle Staffs Nottingham Rockets Urmston	Malory Eagles EBC Willesden Giants Richmond B Academy of Beach Sports	Tendring A Tendring B London Lynx 1
2 Qualifiers	2 Qualifiers	3 Qualifiers	2 Qualifiers

Round 2

Sunday 19th January 2020
 First named teams (in bold) to host

Group A (host tbc)	Group B	Group C	Group D
Urmston Black Country (Bye) Leeds York	Cherwell (Bye) Wessex (Bye) Newcastle Staffs	Richmond A (Bye) Malory Eagles EBC Willesden Giants London Lynx	Boswells (Bye) Richmond B Tendring A
2 Qualifiers	2 Qualifiers	2 Qualifiers	2 Qualifiers

Last 8's

Sunday 8th March 2020; National Volleyball Centre, Kettering

Group A	Group B
Cherwell	York
Black Country	Wessex
Richmond B	Malory Eagles EBC
Richmond A	Boswells

National Finals

Saturday 25th or Sunday 26th April 2020; National Volleyball Centre Kettering