Abbeywood School
Abbeywood Community School, New Road, Stoke Gifford, Bristol, BS34 8SF, 0117 3075660
Directions: https://goo.gl/09xdCG

Alan Higgs Centre
Alan Higgs Centre, Allard Way, Coventry, Warwickshire, CV3 1HW, 02476 308 244
Directions:
From M1 North: Leave M1 at Junction 21, then at roundabout take the 3rd exit onto the M69 (signposted M69 Coventry, Birmingham). Continue onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

From M1 South: Leave the M1 at Junction 17, branching left onto the M45 (signposted Coventry South). At roundabout take the 2nd exit onto Coventry Road - A45 (signposted Coventry). At roundabout take the 2nd exit onto London Road - A45 (signposted Coventry). At Tollbar End roundabout take the 3rd exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

From M6: Leave the M6 at Junction 2 (signposted Leicester M69, Coventry A46). Take right hand lane (signposted Coventry), then at roundabout take the 3rd exit onto the A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto the A46 (signposted All Traffic). At roundabout take the 3rd exit, then merge onto Coventry Eastern Bypass - A46. At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

M40 South (London): Leave the M40 at junction 15, then at roundabout take the 4th exit onto Warwick Bypass - A46 (signposted Coventry).

M40 North (Birmingham): Leave the M40 at junction 15, then at roundabout take the 1st exit onto Warwick Bypass - A46 (signposted Coventry).

Both: Continue forward onto Warwick Bypass (signposted Coventry, M69). Continue forward onto the A444. At roundabout take the 2nd exit onto London Road - A4082 (signposted Motorway M69, Leicester A46). At roundabout take the 3rd exit onto Allard Way - A4082 (signposted Stoke Aldemoor, Binley). Alan Higgs Centre will be on your right hand side.

Aldershot Garrison Sports Centre
Rawlinson Road, Aldershot, Hampshire, GU11 2LQ, 01252 347724
Directions:
Head South East on A331
Go through 1st roundabout
Take the A3011 exit towards Farnborough/ B3411/Ash Vale
At the roundabout, take the 4th exit onto Lynchford Rd/A3011
Go through 1st roundabout
At the roundabout, take the 1st exit onto Queen's Avenue
Go through the 1st exit
Turn left onto Princes Avenue
Turn left onto Rawlinson Road
Destination will be on the right.
All Saints Sports Centre
All Saints School, 95 Norfolk Park Road, Sheffield, South Yorkshire, S2 2RJ, 0114 272 6700
Directions:
From junction 33 M1, follows signs for A630 Sheffield City Centre. At the roundabout follow signs for A61 Chesterfield. Go past Sheffield Rail station on your left, and after a further half mile you will see a Macdonald’s. Here, turn immediately left onto Granville Road and take first right (Norfolk Park Road). The sports centre entrance is approximately 100 yards on your right.

Bethnal Green S.C.
Bethnal Green S.C., Gosset Street, Bethnal Green, London, E2 6NW, 0207 920 7937
Directions:
FROM SOUTH:
M25 East, take junc2, A2 West, head towards A102(M) Blackwall tunnel. Once through the tunnel take 1st slip A13 towards central London/City. About 1 mile turn right into New Rd. At junction with A11 go straight across (Vallance rd), go under bridge and across mini rbout. At lights go straight into Squirries St, at the top of the rd, mini rbout turn left into Gosset st. The College is on the left. N.B. Grounds are also used as a flower market car park.

FROM NORTH:
M11 to the end => A106 then A102(M) towards Blackwall tunnel. Go past slip rd signposted Old Ford, leave at next slip rd A11 Bow, turn right heading towards City. Stay on A11 till you reach the Royal London Hospital. At the lights just past the hospital turn right into Vallance Rd. Then as from South.

FROM EAST:
M11 => A11 until you reach the Royal London Hospital. Then as from North.

FROM WEST:
A40 (M) towards London, over Marylebone Flyover onto A501, go past Madame Tussauds, Regents Pk, go under underpass, past Euston/Kings cross stn, stay on A501(Pentonville rd), keep going straight (Angel tube stn on left) onto City rd. At large rbout(Old st tube stn) turn left into one way system, move into middle lane & go straight through lights, follow rd round to right & again stay in middle lane, go through lights into Hackney rd, after approx 0.5 mile turn right into Warner Place, at top of rd turn right into Gosset st. College is on the left. N.B. Grounds are also used as a flower market car park.

Beths Grammar School
Hartford Road, Bexley, DA51NE,
Directions:
Driving instructions: following the M25 towards Dartford, exist onto the A2 west at junction 2. Stay on the A2 traveling towards Bexley. Exit onto the A223. At the round about take the 2nd exit, then turn right onto Hartford road and turn right again where you will see the school on your right.

Boswells School
Boswells School, Burnham Road, Springfield, Chelmsford, Essex, CM1 6LY, 01245 264451
Directions:
From A12 take the A130, signposted Sudbury and Springfield. At roundabout 2nd exit for Springfield. Next roundabout 3rd exit for Sudbury. Mini-roundabout left for North Springfield. Right at next roundabout signposted Broomfield. Left at mini-roundabout into Sidmouth Road. 1st right into Dartmouth Road. At left turn into Bodmin Road, school gates are directly ahead. Follow driveway to the right and the sports hall is directly ahead.
**Bournside School**
Warden Hill Road, Cheltenham, GL51 3EF, 01242 235555

**Directions:**
Coming from North or South via M5
At junction 11, take the A40 exit to Gloucester/Cheltenham. At the roundabout, take the 3rd exit onto the A40 slip road to Cheltenham/Gloustershire/Airport. Follow A40, Hatherley Ln and Hatherley Rd to Warden Hill Rd in Cheltenham Merge onto A40. At the roundabout, take the 3rd exit onto Hatherley Ln. At the roundabout, take the 1st exit and stay on Hatherley Ln. At the roundabout, take the 1st exit onto Hatherley Rd. At the roundabout, take the 2nd exit onto Warden Hill Rd Destination will be on the left

Coming from East
Follow A40 to Hatherley Rd in Cheltenham. At the roundabout, take the 2nd exit onto Northern By Pass Rd/A40. At the roundabout, take the 2nd exit and stay on A40. At the roundabout, take the 1st exit and stay on A40. At the roundabout, take the 3rd exit and stay on A40. Turn left onto Sandford Mill Rd/A40. Turn left onto Old Bath Rd/A40. At the roundabout, take the 2nd exit onto Thirlestaine Rd/A40. Continue on Hatherley Rd. Drive to Warden Hill Rd. Turn left onto Hatherley Rd. At the roundabout, take the 1st exit onto Warden Hill Rd. Destination will be on the left

**Bradfield College Sports Complex**
Bradfield, Reading, RG7 6BZ, 01189 644600

**Directions:**
Leave the M4 at Junction 12, heading on the A4 away from Reading towards Theale. Go straight over the first roundabout, and down the dual carriageway. At the next roundabout turn right onto the A340. Take the first left onto Common Hill. Follow this road up the hill, and past a left turn. You will then come to some parts of the College, continue on this road, down a hill until you come to a cross roads. Turn right at the crossroads, and then after about 150 meters turn left into the sports hall car park, which is set down off the road.

**Braunton Academy**
Barton Lane, Braunton, North Devon, EX33 2BP, 01271 812221

**Directions:**
Head southwest on M5
At junction 27, take the A361 exit to Tiverton/Barnstaple
At the roundabout, take the 3rd exit onto A361 and travel 6.5 miles
At the next roundabout, take the 2nd exit and stay on A361 towards Barnstaple
At the Portmore roundabout, take the 1st exit and stay on A361, Continue across the Bishops Tawton roundabout
At the Lake roundabout, take the 2nd exit and stay on A361.
At the Sticklepath Roundabout (Barnhenge) take the second exit and travel across the New Taw Bridge.

Turn left at the Pottington Junction onto Braunton Rd/A361, Continue to follow A361 Continue through Chivener roundabout.

Just as you enter the 30mph speed limit for Braunton Turn right onto Wrafton Rd, following signs for North Devon Athletics Track, travel 0.5 miles Destination will be on the left, Park in car park opposite on the left.

**Brentford Fountain Leisure Centre**
658 Chiswick High Road, Brentford, Middlesex, TW8 0HJ, 0845 456 6675

**Directions:**

**Brookes Sport Headington**
Headington Campus, Cheney Lane, Oxford, Oxfordshire, OX3 0BP, 01865 484373

**Directions:**
**Brooksby Melton College**  
Asfordby Rd, Melton Mowbray, Leicestershire, LE14 2LJ, 01664 850850  
**Directions:**  
Coming from Leicester towards Melton turn left signposted Brooksby hall, don’t turn into the Main hall, follow the road round, the sports hall is round the back. It is the 4th entrance on the left, there is a car park and sports field. If you get to the train track you have gone too far, turn round and take the 1st right. Follow the road that has the rugby field and artificial pitches on your left all the way round, you will see the sports hall and facilities on your left.  
Go in gate 2 and park there, sports hall is the building to your left.

**Brune Park Community School**  
Military Road, Gosport, Hampshire, PO12 3BU,  
**Directions:**  
From M27 use junction 11 Fareham and Gosport, Follow A27 towards Portchester, go over Bypass to A32, follow A32 all the way down to Military Road. School is on right hand side. Enter through electric gates. Turn right through gates use parking in this area next to big tree or in fenced car park.  
Sports Hall, continue down by foot to electric doors next to bike sheds, sports hall on right as you enter.
Caius House Youth Centre
2 Holman Road, Battersea, SW11 3PG,

Directions:
By Train

The closest train station is Clapham Junction, approximately 12 minutes walk from Caius House. From Bath Spa, the train journey is approximately 1 hour and 20 minutes, changing at Reading. When you arrive at Clapham Junction, exit via Grant Road Exit. Turn right out of the station, then left onto Falcon Road. Continue along Falcon Road until you reach a main intersection where Falcon Road meets Battersea Park Road on the right and York Road on the left. Continue straight ahead, crossing the main intersection onto Battersea High Street (a narrow cobbled stone road). Veer left at the end of the cobbled stone road onto Gwynne Road, then left into Yelverton Road, where the entrance of Caius House is.

By Car

From the South West – M25/A3
Leave the M25 at J10 (A3 to London)
Follow the A3 for approx. 18 miles into Wandsworth one-way system
Veer left onto the A217 signposted Battersea, and in half a mile take the 2nd exit at the large roundabout onto York Road/A3205. Follow York Road for approx. half a mile, then turn left at the traffic lights into Lombard Road (also the turning to Halfords). Then take the first right into Holman Road, and the Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.
The entrance is on the short end of the building off Yelverton Road.

From the West – M25/M4
From the M25 J14 Follow the M4 towards London which merges into the A4 for approx. 13 miles, until a right turn onto Earls Court Road/A3220. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.
The entrance is on the short end of the building off Yelverton Road.

From the North-West – M25/M40
Leave the M25 at J16 (M40 to London)
Follow the M40 towards London (which merges into the A40 Western Avenue) for approx. 13 miles, then branch left onto the roundabout and take the 2nd exit A3220 towards Shepherds Bush. Follow the A3220 past for 1 mile past Shepherds Bush station then bear left (one way) then shortly bear right onto the A3220. At traffic lights turn left (one way) onto Pembroke Road, then shortly bear right back onto the A3220 Earls Court Road. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.
The entrance is on the short end of the building off Yelverton Road.

Note: There is no car park at the venue. There is street parking in adjacent roads; some is free, some is residents only, and some is pay meter parking. Please read roadside parking signs carefully.
Campsmount Academy
Ryecroft Rd, Norton, Campsall, Doncaster, DN6 9AS, 01302 700002
Directions:
From A1
Exit at Junction 39 (Barnsdale Bar)
Follow signs for Campsall/Norton
Continue along the road for 2 miles into Campsall village
Turn left at the junction
Follow the road round, turn left onto Ryecroft road at the cemetery
College entrance 200 metres on the left
A19 From South
Take a left at Owston Park Lodge onto Sutton Road (signposted Sutton)
Drive through Sutton and into Campsall (approximately 2 miles)
Drive past 'The Old Bells' and Campsall Church (on your right)
Take a left onto Ryecroft Road (Cemetery on your left)
The college drive is approximately 200 metres on your left.

Cardiff City House of Sport
Clos Parc Morgannwg, Cardiff, CF11 8AW, 029 2064 3742
Directions:
Cardiff Metropolitan University
Llandaff Campus, Western Avenue, Cardiff, South Glamorgan, CF5 2YB, 029 2041 6070
Directions:
Leave the M4 at Junction 29 onto the A48. Take the third exit signposted Newport Rd/City Centre. At the roundabout take the third exit which leads immediately onto a mini roundabout. Take the second exit signposted to NIAC. Go along this road for approx. 1 mile. Pass the speed camera. Cardiff Met entrance will be on your left. The barrier should be open but if not, please press the button and they will let you in. Follow the road around until you see a road off to your left. Turn left and the sportshall and car parking will be on your left.

Cardiff Metropolitan University Cyncoed Campus Sports Hall
Cardiff Metropolitan University, Cyncoed Road, Cyncoed Campus, Cardiff, Wales, CF23 6XD, 029 2041 6777
Directions:
Bus
The 52/52A bus travels from the city centre to the Cyncoed campus every 15 minutes during the day, via Albany Road and Penylan Road. During term time, the U1 MetRider bus travels from Llandaff to the Cyncoed campus every hour.
Train
Heath High Level and Heath Low Level railway stations are approx. 25 minutes walk from the Cyncoed campus, serving the area from the Rhymney and Coryton lines. See National Rail Enquiries for train times.

Castle Green Sport Centre
Gale Street, Dagenham, Essex, RM9 4UN, 020 827062222
Directions:
From west: take A13 towards Dartford crossing. Go over Alfreds way viaduct. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.
From east: from M25 take A13 towards central London. Drive until Alfreds way viaduct. Take the exit left on to Ripple rd. Take 4th exit from round about and go back to A13. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.

Cathedral School
Cardiff Road, Llandaff, Cardiff, CF5 2YH,
Directions:
Exit the M4 at Junction 29 to join the A48. Just after the big Tesco and WJEC CBAC building on Western Avenue turn off down Mill Lane and enter the school via the ramp from the Cardiff Road entrance.
**Centre AT7**  
Bell Green Road, Coventry, CV6 7GP, 02476 308 244  
**Directions:**  
Centre AT7: Bell Green Road, Coventry, CV6 7GP. Telephone : 024 7666 5530  

**BY CAR:**  
From City Centre Ring Road (anti-clockwise):  
Exit the Ring Road at Junction 2, signposted Coventry & Warwickshire Hospital; Bell Green B4109.  
Filter right at the bottom of the slip road following signs to Coventry & Warwickshire Hospital.  
Follow the road to the left towards the Hospital.  
Proceed through the one way system past the Hospital and along Stoney Stanton Road.  
Stay on the Stoney Stanton Road for 1 and half miles, through eight sets of traffic lights.  
At the mini round about (with McDonalds adjacent) proceed straight over to the major roundabout.  
Take the third exit off the roundabout signposted Sports Centre.  
The entrance to Centre AT7 is immediately on the left.  

From the M6:  
Exit at Junction 3 of the M6 and take the 4th exit if travelling from the North or the 2nd if travelling from the South from the roundabout signposted Coventry; Holbrooks A444.  
Proceed along the dual carriageway for half a mile and take the 2nd exit of f the roundabout signposted City Centre A444.  
Proceed along the dual carriageway (Phoenix Way) for half a mile and take the 1st exit at the roundabout signposted City Centre A444; Foleshill Edgwick Industrial Estate.  
Proceed along the dual carriageway for half a mile and take the 2nd exit signposted Centre AT7; Bell Green (this roundabout features a metal spiral sculpture).  
Proceed along the dual carriageway for half a mile and take the 2nd exit and Centre AT7 is immediately on your left.  

**BY BUS:**  
From City Centre:  
West Midlands Travel 21 and 31c provide a regular service between the City Centre and Courthouse Green. If using the 21 alight on the Bell Green Road at the first stop after the roundabout opposite the Post Office. The 31 stops at Sainsbury’s, a short walk form Centre AT7. The Park and Ride scheme also operates a service between Centre AT7 and the City Centre.

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**Centre for Sport & Exercise Science**  
Tyndall Avenue, Bristol, BS8 1TH, 01179 289000  
**Directions:**  
Car  
The M4 and M5 motorways put both London and Birmingham within a two-hour drive, while the M32 allows direct access from the M4 to the heart of the city.  
Directions to the University campus from the M32 (also available as a Google Map)  
Exit the M4 at junction 19 marked for the M32  
Follow the M32 southwest into Bristol  
Continue onto the A4032  
Continue straight onto Bond Street / A4044  
At St. James Barton roundabout, take the 2nd exit onto Marlborough Street / B4051  
Continue to follow B4051  
Turn right at Woodland Road  
At the top of the hill is a crossroads. Turn right into Tyndall Avenue  
Senate House (the University’s central administration building) is the tall building on the corner  
If travelling from the South and South West, the A4, A38 and A37 provide direct access to the city centre (see Google map for A4, Bath Road).
**Christ's School**  
Queens Road, Richmond Upon Thames, London, TW10 6HW, 020 8940 6982  
**Directions:**  
The sports hall is at the back of the Secondary School. From the car park, go round the right hand side of the school.  
By Underground  
Richmond underground station (District Line) is about 3/4 of a mile from the school.  
By Bus  
33 Fulwell – Hammersmith  
65 Ealing – Kingston  
90 Richmond Station – Northolt  
190 Richmond – West Brompton  
290 Richmond – Staines  
337 Richmond – Clapham Jct  
371 Richmond – Kingston  
391 Fulham – Richmond  
H22 Richmond – Hounslow West  
H37 Richmond – Hounslow  
R69 Richmond – Hammersmith  
R70 Richmond – Hanworth  
By Train  
Richmond BR is about 3/4 of a mile from the school and the North Sheen BR is only 1/4 of a mile from the school.  
By Car  
The school is just off the South Circular (A205), near the centre of Richmond. Obviously that means that the roads are likely to be busy on match days, so leave plenty of time. Coming from Sheen you should turn left at the Black Horse pub onto Queen’s Road.

**Cleobury Mortimer Sports Centre**  
Cleobury Mortimer Sports Centre, Lacon Childe School, Love Lane, Cleobury Mortimer, Shropshire, DY14 8PE, 01299 271317  
**Directions:**  
From M6: Leave M6 at Junction 13 and take the A449 to Wolverhampton. Follow the A449 (Ring Road) and turn off for Bridgnorth on the A454. When you reach Bridgnorth turn left at the islands and then turn right about 100 yards after. Follow the road over the bridge and around the bend until you come to a long right hand corner. When you go around the corner turn immediately left by the garage and this puts you on the B4363 to Cleobury Mortimer. ‘When in Cleobury go through the village past the 1st garage on your left. Before you reach the 2nd garage turn right into Love Lane (Sports Hall is signposted here), follow the road up and round past Lacon Childe School on your left. Take next left into Bus Park where you will be able to see the hall.  

From M42: Leave M42 at Junction 1 and go into Bromsgrove, take the A448 and head to Kidderminster, head for the Town Centre, go down the hill past the Railway Station until you reach an island. Turn right and follow the Ring Road, going straight across the next 3 roundabouts. Head towards Bewdley, past the Safari Park, and then onto the A456 heading towards Tenbury Wells. Turn off, after about 4 miles, right to Cleobury Mortimer on the A4117, then as * above.

**Coombe Dean School**  
Coombe Dean School, Charnhill Way, Elburton, Plymstock, Devon, PL9 8ES, 01752 403113  
**Directions:**  
Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction - turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs for 'Kingsbridge'. Stay on the A379 for approx. 2 miles, through 3 roundabouts. At the next roundabout turn right into Springfield Road. At the first set of traffic lights (not pelican crossing) turn left into Reservoir Road, proceed 400m and turn right into Charnhill Way. The school is at the end of Charnhill Way. Journey time from Marsh Mills roundabout to Coombe Dean school takes approx. 10-15 mins.
Cranfield Fitness Centre  
45, College Road, Cranfield, Bedford, MK43 OAL, 01234 752988  
**Directions:**  
Most teams will come via the M1. Southbound, the exit is Junction 14. Turn left onto A509 and then right onto Newport Road. At a village called Moulsoe, this becomes Cranfield Road. Follow this towards Cranfield Airport. When you reach the campus, turn left onto University Way. Follow this right up until it becomes College Road in the heart of the campus. Take the first left onto Lanchester Road and the sports hall is immediately on your left. Parking is plentiful and is just a few yards down Lanchester Road on your left.  
Teams travelling Northbound should take the exit at Junction 13. Turn right onto Salford Road toward Hulcote. Once you reach Salford, turn right onto Cranfield Road. From there, the instructions are as above.

Crestwood College  
Shakespeare Road, Boyatt Wood, Eastleigh, Hampshire, SO50 4FZ, 02380 645 503  
**Directions:**  
From M3 Southbound - Exit at junction 12. At the roundabout take the 2nd exit onto the A335. At the next roundabout take the 3rd exit onto Woodside Avenue. Follow the road along until you drive under a foot bridge. Immediately after the bridge turn left into Shakespeare Road and the school is on the left hand side.  
Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

From M3 Northbound - Exit at junction 13 and then turn right onto A335 (Leigh Road). At Holiday Inn traffic light junction turn left into Woodside Avenue. Follow this down to the roundabout. Take 2nd exit and just past B&Q turn right into Shakespeare Road and the School will be on your right. Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

Darlington Education Village  
Darlington Education Village, Salters Lane South, Darlington, Durham, DL1 2AN, 01325 254000  
**Directions:**  
1. Leave A1(M) at Junction 57, signposted Darlington & Teesside A66(M)  
2. At roundabout take 1st exit, following signs for Darlington (A66)  
3. At the next roundabout take 3rd exit, signposted Teesside/Yarm (A66)  
4. Go straight over the next 3 roundabouts  
5. At the 4th roundabout take the 1st exit, signposted Darlington  
6. At the next roundabout take 1st exit, signposted Town Centre  
7. At the mini roundabout take the 2nd exit onto Salters Lane South  
8. Follow the road round over several speed bumps and the school will be on the right hand side.

Dartford Technology College  
Dartford Technology College, Heath Lane, Dartford, Kent, DA1 2LY, 01322 224 309  
**Directions:**  
From M25, Exit at J1B towards Dartford A225. Take exit on to A296 / Princes Road towards Dartford. Stay on Princes Road continue over 1 roundabout. At lights turn right on to Lowfield Street A225. Turn left at Heath Street. At roundabout 2nd exit on to Heath Lane. Turn right in approximately 100 yards.

David Ross Sports Village  
University of Nottingham, University Park, Nottingham, Nottinghamshire, NG7 2RD, 0115 9515151  
**Directions:**
Dean Trust Ardwick
345 Stockport Road, Manchester, M13 0LF, 0161 972 2988

Directions:
Directions Ardwick from West:
M62 (signs for M6/M57/Manchester/Warrington/St Helens/Huyton). Keep right to continue on M602. Continue onto Regent Rd/A57. Continue to follow A57. Keep right to continue on A57(M), follow signs for Ring Road/M'cr Airport/A5103/Birmingham/M6/Stockport/A6/Sheffield/A57. Take the A6 exit towards Stockport/Sheffield/Piccadilly/A57/A34. Keep right, follow signs for A6. Turn right onto London Rd/A6. Continue to follow A6. At the roundabout, take the 3rd exit onto Stockport Rd/A6. Destination will be on the left

Directions from South
M6
At junction 19, take the A556 exit to Manchester/M'cr Airport/M56. At Tabley Interchange, take the 3rd exit onto Chester Rd/A556. At the roundabout, take the 3rd exit onto the M56 slip road to Manchester/M'cr Airport. Merge onto M56. Keep left at the fork to stay on M56. At junction 1, exit onto Kingsway/A34 towards City Centre/Didsbury. At the roundabout, take the 1st exit onto Moseley Rd/A34. At the roundabout, take the 2nd exit onto Birchfields Rd/A34. Turn right onto Birch Hall Ln. Continue onto Birch Ln. Turn left onto Stockport Rd/A6. Destination will be on the right

Directions from East
M62
At junction 20, take the A627(M) exit to Rochdale/Oldham. At Thornham Interchange, take the 1st exit onto A627(M) heading to Oldham. Continue onto Broadway/A663. Turn left to merge onto M60 towards Ring Rd (E & S)/Ashton-u-Lyne/Sheffield/M'cr Airport/M67/M56. At junction 24, take the A57 exit to M'cr City Centre. At Denton Island, take the 3rd exit onto Manchester Rd/A57. Continue to follow A57. Turn left onto Devonshire St/A665. Turn left onto Stockport Rd/A6. Destination will be on the left

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Derby Arena
Royal Way, Pride Parkway, Derby, Derbyshire, DE24 8JB, 01332 640011

Directions:
The arena is signposted from all major routes. There are extensive directions on their own website from various routes on this link

The Derby Arena is located on pride park business park. Coming from major roads travel towards the signposted 'Wyvern Centre' to join Wyvern way. At a roundabout turn onto Derwent parade and continue until reaching derby arena.

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Derbyshire Volleyball Centre (Derby Moor)
Derby Moor Community Sports College, Moorway Lane, Derby, Derbyshire, DE23 2FS, 01332 772 706

Directions:
Exit M1 at Junction 25 follow signs to Derby A 52 drive for 6 miles. At the Pentagon roundabout stay in the middle lane follow signs to Uttoxeter, A 52, inner ring A516, Derby Royal Hospital. At Ring Road junction turn left onto Ring Road A 5111 stay in right hand lane for half mile. At junction turn right onto a 5250 towards a Littleover after half a mile turn left onto Old Hall Road drive about half mile turn right onto Moorway Lane. Derby Moore is on your right about 150m
Doug Ellis Sports Centre
City North Sports Centre, Birmingham City University, 150 Wellhead Lane, Perry Barr, Birmingham, West Midlands, B42 2SY, 01213 318 870 Or 08452 671 192

**Directions:**
Driving directions From M5 Junctions 1

1. Take exit 1 toward WEST BROMWICH / B'HAM (NW) 0.25 mi
2. Turn slight right 0.16 mi
3. Turn slight left at Birmingham Rd (A41) 0.74 mi
4. Turn slight left at Island Rd (A4040) 1.2 mi
5. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.53 mi
6. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.91 mi
7. At Birchfield Rd, take the 1st exit onto Birchfield Rd 0.18 mi
8. Slight right to merge onto Harrier Way 0.16 mi
9. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
10. Turn right at Wellhead Lane 0.13 mi
First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 7

1. From M6, Junction 7
2. Take exit 7 toward BIRMINGHAM (N) 0.31 mi
3. Slight left to merge onto Birmingham Rd (A34) 0.45 mi
4. Keep left at the fork, and merge onto Birmingham Rd (A34) 2.32 mi
5. Keep left at the fork 0.14 mi
6. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
7. Turn right at Wellhead Lane 0.13 mi
First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 6

1. From M6, Junctions 6
2. Take exit 6 toward BIRMINGHAM (CEN.) A38 / BIRMINGHAM (NE) 0.15 mi
3. Keep right at the fork, follow signs for BIRMINGHAM (NE) A380 0.34 mi
4. At the roundabout, take the 4th exit onto Lichfield Rd (A5127) 0.3 mi
5. Keep right at the fork, and merge onto Lichfield Rd (A5127) 0.15 mi
6. Keep right at the fork 0.36 mi
7. Turn left at Aston Hall Rd (B4137) 0.24 mi
8. Continue 0.01 mi
9. Turn right at Witton Lane (B4137) 0.09 mi
10. Turn slight right at Witton Lane (B4137) 0.41 mi
11. At the roundabout, take the 2nd exit onto Aston Lane (A4040) 0.49 mi
12. Turn right at Wellhead Lane 0.17 mi
13. Turn slight left at Wellhead Lane 0.14 mi
14. Next to National Express Bus Garage Right is 150, Wellhead Lane, Perry Barr, Birmingham, B42 2SY
**Dudley Evolve**  
Tower Street, Dudley, DY1 1AF,  
**Directions:**  
Venue Name: Dudley Evolve (part of Dudley College of Technology)  
Address: Tower Street, Dudley, West Midlands DY1 1AF  

By road  
Dudley Evolve, part of Dudley College, is located not far from junction 2 of the M5 motorway. On exiting junction 2, head towards Dudley on the A4123, passing a large Tesco Superstore on your right after 4 miles. Upon reaching the island after this superstore, continue straight on past the visitor entrance to Dudley Zoo and Castle. Heading up the hill, go over at the first set of lights. You will then see Dudley Evolve on your left. There is paid car parking opposite Dudley Evolve, however if you continue straight for 200m, passing a set of traffic lights, there is the main college campus car park, where parking is free.  

By rail  
The local rail stations of Coseley and Dudley Port offer links to the local branch line between Wolverhampton and Birmingham New Street. Both stations are around 2 miles away with local bus services and taxi firms available.  

A map of our location is available [here](#).

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**Durham University Sport (Queens Campus)**  
Stockton University Boulevard, Thornaby, Stockton-on-Tees, TS17 6BH, 0191 334 2178  
**Directions:**  
By Bus  
Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.  

By Rail  
East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.  
The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.  
Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Aukland that stops at Thornaby and Durham.  

By Road  
Queen’s Campus, Stockton is linked by the A66 to the A1(M) and the A19.  
From A19 North to Queen’s Campus, Stockton  
1. Join the A66, signposted Stockton/Darlington  
2. Take the first slip road from A66, signposted Teeside Retail Park/Tees Barrage  
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.  
4. Turn left at the roundabout.  
From A19 South  
Join the slip road for the A66 signpost Stockton/Darlington.  
Keep on the slip road and follow the signs for the Barrage as described above.  

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**Easton & Otley College**  
Easton Campus, Easton, Norwich, Norfolk, NR9 5DX, 01603 731200  
**Directions:**  
Satnav users, please use the following postcode: NR9 5GA (Dunham Road, Easton, Norwich).  

From the North, come off the A47 at Easton and take the 3rd exit at the roundabout on to Dereham Road. Follow this road and turn right in to Bawburgh Road. Follow this road until you meet Broom lane and the College is directly in front of you.  

From all other directions come off the A47 at the Longwater junction and at the roundabout take the first junction on the left which is Long Lane. Follow this road and it will turn in to Marlingford Road. At the junction turn right on to Bawburgh Road and the college will be on the left where the road turns in to Broom Lane.  

When you enter the college you need to follow the signs to the sports centre which is right round the back of the campus, past the tennis centre.
Directions:
Leave motorway at junction 34 (Sheffield Meadowhall). At the roundabout follow signs A6178 City Centre and Attercliffe. Go past Meadowhall Shopping Centre on your right. Keep straight on this road. Pick up signs to Attercliffe and Don Valley Stadium / Sheffield Arena. Go past the Sheffield Arena on your left. Keep straight on this road (Attercliffe Road). The English Institute of Sport is on your left between Sheffield Ice Stadium and Don Valley Stadium on Coleridge Road.

Directions:
From North: M4 Junction 2. A205 South circular for about 6.5 miles. On entering Wandsworth continue forward onto West Hill (A3). At Wandsworth Town turn right, then left onto Armoury Way (1 way system). Stay in the right hand lane, follow the one way system into Fairfield Street. Then at end turn left (signposted South Circular, Central London) onto East Hill. Turn right, then right again (following 1 way system). Branch left onto Trinity Road A214. Continue forward for approx 2.7 miles entering Tooting. Turn right into Broderick Road and left at the end into Beechcroft Road. College is 300m on right.

Nearest tube station: Tooting Bec (1km)
Nearest Main Rail: Wandsworth Common (700 metres)

Directions:
If you are driving from London and the South via the A12, take the exit marked Colchester (A133). SAT NAV directions to the University using the postcode can be misleading therefore, it is recommended to follow roadside directional sign posts to the University.
If you are driving from Ipswich and the North on the A12, take the exit marked Colchester. From Colchester, the University is off the A133 to Clacton.
The sports centre is next to the new multi storey, car park B, entrance 1 (bottom of map). You can park in Car Park A or B. Please enter via the red dotted route.

Directions:
Exit M60 at J23. Take A635/A662 towards Manchester/Droylsden. Go past the retail park on the left hand side. At the lights go straight on (A635 Manchester Old Road). Go straight on at the next 2 sets of lights (car show room on the left). Just after pelican crossing (by the chemist and before petrol station), turn right into Fairfield Avenue. The school is at the top of the avenue.

Directions:
From M40 Northbound: Leave the motorway at Junction 8 and follow the A40 to the Oxford ring road. At the Green Round roundabout turn right onto the Oxford ring road. After about 4 miles turn left at the next roundabout (Cutteslowe) signed for Summertown and Oxford City Centre. This is Banbury Road. After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.

From M40 Southbound: Leave the motorway at Junction 9 and at the roundabout join the A34 southbound towards Oxford. Take the Pear Tree exit signed for Oxford (about 5 miles). At the interchange follow the short duel carriageway towards Oxford. At the next roundabout (Wolvercote) take the second exit (A40 signed for London). After about a third of a mile at Cutteslowe Roundabout turn right towards Summerton (Banbury Road). After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.
Hartpury College
Hartpury House, Hartpury, Gloucester, GL19 3BE, 01452 702345
Directions:
Coming from South via M5:
At junction 20, Use the left 3 lanes to merge onto M5. At junction 12, exit towards A38/Gloucester. Take A38, A430 and A417 to your destination. At the roundabout, take the 1st exit onto B4008. At the roundabout, take the 3rd exit onto A38. At the roundabout, take the 1st exit and stay on A38. Continue onto Bristol Rd / A430. At the roundabout, take the 3rd exit onto Hempsted Ln / A430. Use the left 2 lanes to turn left onto Over Causeway / A417. At the roundabout, take the 2nd exit onto A417. Turn left

Coming from North via M5:
At junction 11, take the A40 exit to Cheltenham / Gloucester / Staverton Airport. At the roundabout, take the 3rd exit onto the A40 slip road to Gloucester / Cirencester. Follow A40 and A417 to your destination
Merge onto A40. At Elmbridge Ct, take the 4th exit and stay on A40. At the roundabout, take the 2nd exit and stay on A40. At the roundabout, take the 3rd exit onto A417. Turn left

Coming from East (A417 / A436)
Follow A417, A40 and A417. Turn right onto A436. At the roundabout, take the 2nd exit onto A417. At Zoons Court Roundabout, take the 2nd exit and stay on A417. At the roundabout, take the 3rd exit and stay on A417. At Elmbridge Ct, take the 2nd exit onto A40. At the roundabout, take the 2nd exit and stay on A40
At the roundabout, take the 3rd exit onto A417. Turn left

Hull Holy Trinity House Academy
95-133, George Street, Kingston upon Hull, Hull, HU1 3BW, (01482) 326421
Directions:
From the M62 follow the a63 castle street into Hull, at the magistrates court turn left onto market place and follow the road straight onto Lowgate, towards George st. turn right at the ‘T’ junction then take an immediate left down charlotte mews st - a very small cobbled road (down the side of position nightclub). Parking is available at the school on the left.

Huntcliff School
Saltburn Learning Campus, Marske Mill Lane, Saltburn by the sea, TS12 1HJ,
Directions:

Iffley Sport Centre
Jackdaw Lane, Iffley Road, Oxford, OX4 1EQ, 01865 240 476
Directions:
From the Oxford Ring Road (A4142/A34/A40):
Exit at Littlemore Roundabout towards City, Iffley & Rose Hill Now on A4158 (Iffley Road) Entrance to Sports Complex via Jackdaw Lane Once you are on the Jackdaw Lane, the complex entrance is on your right.
Irlam & Cadishead Leisure Centre
Liverpool Road, Irlam, Manchester, M44 6BR, 0161 775 4134
Directions:
From South:
M6 northbound. Take junction 21 the A57 exit to Irlam/Warrington (Ctr & East)
At the roundabout, take the 3rd exit onto Manchester Rd/A57
Continue to follow A57 for (4.3 miles)
At the roundabout, take the 3rd exit onto Cadishead Way/A57
After 0.9 miles - turn left onto Fairhills Rd/B5311 (0.5 mi)
Travel 0.5 miles & keep right to stay on Fairhills Rd/B5311
Turn right at the T junction onto Liverpool Rd/B5320
Sports Centre is on the right
From North:
From M62, join M60. Take junction 11 exit to Eccles/Irlam.
At the roundabout, take the 3rd exit onto Liverpool Rd/A57 (signed Irlam), travel 1.8 miles
At the roundabout, take the 2nd exit onto B5320
Travel 1.4 miles - Sports Centre is on the left

Island Sports Trust
100 Manchester Road, London, London, E14 3DW, 0207 001 9441
Directions:

Itchen College Sports Centre
Itchen College, Middle Road, Bitterne, Southampton, Hampshire, SO19 7NS, 02380 448787
Directions:
From M3, head eastbound along the M27, Leave M27 at Junction 8, taking the A3024 towards Southampton and Bitterne. At the roundabout take 3rd exit A3024 Bursledon Road. Go along approximately 5 miles, at the top of the hill opposite the Chinese Takeaway, take left turn into Ruby Road, continue into Middle Road. The College is on the right, if you reach the Earl of Locksley Pub you have gone too far.

JFS School, The Mall
Kenton, Harrow, HA3 9UB,
Directions:

Joseph Rowntree School
Haxby Road, New Earswick, York, North Yorkshire, YO32 4BZ, 01904 552100
Directions:
Take the A19 until you reach the York Northern bypass. Take 1st exit at roundabout (A1237). At the 3rd roundabout take the 3rd exit (signposted New Earswick). Joseph Rowntree School is on the left in less than 1/4 mile.

Jubilee Sports Centre
University of Nottingham Innovation Park, Wollaton Road, Nottingham, NG8 1BB, 0115 846 8288
Directions:
- From North, Leave M1 at Jct 26, At roundabout take 1st exit A610 to Nottingham and go through 2 rds, After 2.5 miles turn right onto Western Boulevard/ A6514, After 1.3 miles turn left at Rd onto Wollaton Rd/ A609, After 0.2 miles turn right onto Triu
Keele University Sports Centre
Keele University Sports Centre, Keele University, Keele, Newcastle Under Lyme, Staffordshire, ST5 5BG, 01782 583368
Directions:
If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

If travelling up M1 join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

Kendrick School
Kendrick School, London Road, Reading, Berkshire, RG1 5BN, 0118901 5859
Directions:
From East:
From M4 take Junction 10 and go towards Reading on the A329(M). Follow the signs to Reading, turning from the A329(M) onto the A4. Keep following the A4 (London Road) and keep in the middle lane when the road turns into a 3-lane one-way road. The right hand lane turns off as you are passing the hospital on the left and then a Murco garage on the right. Keep in the middle lane until after the right hand lane has turned off into Sidmouth Street. Turn right into East Street (one way road) straight after the Turks Head pub, the school entrance is about half way down on the right hand side.

From West:
From M4 take Junction 11 and go towards Reading on the A33. Follow the signs to Reading over several roundabouts, until the road changes to the A329. When you get to the ring road junction, turn right onto the ring road (A329), following signs for the Oracle. Then take the first exit, taking you down to the Oracle roundabout. Take the third exit (the 2nd exit is both for the Oracle car park and the A329, do not take either) and follow the road round to the right at traffic lights at the end. Take the first left into South Street, then turn right into Sidmouth Street, at the top turn right onto London Road (A4). East Street is the right turn immediately after the Turks Head pub, the Kendrick School entrance is about half way down on the right hand side. Please note East Street is a one-way road.

Note: It's MUCH easier from junction 10 if people don't mind doing one more junction on the M4 when coming from the West.

Kidlington & Gosford Leisure Centre
Oxford Road, Kidlington, OX5 2NU,
Directions:
**Kingston College Arena**  
Kingston Hall Road, Kingston-upon-thames, Surrey, KT1 2AQ, 0208 268 2768  
**Directions:**  
Walking from Bus or Railway station  
Leaving from either exit of Kingston Railway Station, make your way over to the Rotunda Leisure Centre (silver building, diagonally across the road from you). Keeping the Rotunda on your left, walk along this road (Clarence Street). You will pass Oceana and the telephone sculptures, also on your left. Continue until you come to a large road junction with pedestrian crossings. Continue straight across (the bus station will be visible on your left). Walk along this road (Wheatfield Way) past the Kingston Museum, and continue to follow the main road. Cross over Fairfield South and follow the road until you reach the College Roundabout. The College is clearly visible from here.  

By Bus  
London Buses services 57, 65, 71, 85, 111, 213, 281, 406, 726 and others stop at Cromwell Road Bus Station in Kingston. From Kingston bus station it is a 5 min walk.  

By Train  
Kingston is 25 minutes from London Waterloo station (Travel card zone 6). Take South West Trains services from London Waterloo, Clapham Junction or Wimbledon calling at Kingston. There are 6 trains per hour from London Waterloo to Kingston, of which 4 run via Wimbledon and 2 run via Richmond and Putney. There are also 2 trains that run to Shepperton travelling through Kingston. From Kingston station it is a 5 min walk.  

By Car  
To find the centre by car from all directions follow signs to The Rose car park. Nandos chicken restaurant is on the corner of the road that leads to the car park. The Arena is located 50m past the vehicle entrance to the car park. From 6.30 pm you can park your car for £1.00.

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**Lambeth Academy**  
Elms Road, Clapham, London, SW4 9ET, 020 7819 4700  
**Directions:**  
Coming from M25 – West of London:  
Take the M4 (Junction 15) exit toward London (W&C)/Slough/Heathrow Airport, this will change to become the A4. Continue on A4.  
Continue to follow the A4 until you get to Earls Court Road. Turn right onto Earls Court Road (A3220)  
Follow A3220 for about 1 mile and then turn left onto Cremorne Rd (A3220) Continue onto Cheyne Walk (A3212) and follow for approx. 1 Mile. Turn right onto Chelsea Bridge Rd (A3216) and follow for 1 mile then turn left onto Silverthorne Rd (B224). Continue to follow this road for about a mile and keep right to continue on to Old Town (B303)  
Keep following the B303 until it changes to The Pavement then turn right onto Clapham Common South Side (A24) Follow this until you reach Elms Road on the left. Turn left onto Elms Rd and Lambeth Academy will be on the left.

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**Lavington School**  
Lavington School, The Spring, Market Lavington, Devizes, Wiltshire, SN10 4EB, 01380 812 352  
**Directions:**  
Leave the M4, J17 towards Chippenham (A350). From Chippenham take the A4 towards Derry Hill/Devizes. At Derry Hill take the A342 into Devizes and take the A360 towards Petterne. Continue on this road for around 6 miles until the crossroads. Turn left at the crossroads and the school is 1 mile on the left.
LeAF Academy
Oakmead Technology College, Duck Lane, Bournemouth, BH11 9JJ, 01202 774 600
Directions:
Coming on the A350, take the A3049 and then the A348, go past a Shopping / business park on your right, at the next small roundabout go right into Poole Lane. Follow the road until you come to Duck Lane on your left.

From the East go via Ferndown towards Poole. At the Bear Cross roundabout go straight over on the A348. Past the playing fields on your left to a roundabout. Take the first left into Poole Lane as above.

Levenshulme High School
Crossley Road, Manchester, M19 1FS, 0161 224 4625
Directions:
Directions to Levenshulme High School From South:
M6
At junction 19, take the A556 exit to Manchester/M'cr Airport/M56. At Tabley Interchange, take the 3rd exit onto Chester Rd/A556. At the roundabout, take the 3rd exit onto the M56 slip road to Manchester/M'cr Airport. Merge onto M56. Keep left at the fork to stay on M56
At junction 1, exit onto Kingsway/A34 towards City Centre/Didsbury. Turn right onto Grangethorpe Dr. Continue onto Crossley Rd. Turn left. Destination will be on the left

Directions from East:
M62
At junction 20, take the A627(M) exit to Rochdale/Oldham. At Thornham Interchange, take the 1st exit onto A627(M) heading to Oldham. Continue onto Broadway/A663
Turn left to merge onto M60 towards Ring Rd (E & S)/Ashton-u-Lyne/Sheffield/M'cr Airport/M67/M56. Take the A560 exit. Continue straight onto Crookilley Way/A560
At Portwood Roundabout, take the 5th exit onto Tiviot Way/A626. At the roundabout, take the 3rd exit onto Manchester Rd/A626. Turn right onto Wellington Rd N/A6. Turn left onto Crossley Rd. Turn right onto Errwood Rd. Turn left. Turn left. Destination will be on the right

Directions from West:
M62 (signs for M6/M57/Manchester/Warrington/St Helens/Huyton). At junction 10, exit onto M6 towards Birmingham. At junction 20A, take the M56 exit to North Wales/Chester/Runcorn/M'cr (S & Airport). Keep left at the fork, follow signs for M56/Manchester Airport/Manchester S and merge onto M56. Keep left at the fork to stay on M56. At junction 1, exit onto Kingsway/A34 towards City Centre/Didsbury. Turn right onto Grangethorpe Dr. Continue onto Crossley Rd. Turn left. Destination will be on the left

Leys Sports Complex
Leys Sports Complex, Trumpington Road, Cambridge, Cambridgeshire, CB2 2AD, 01223 508986
Directions:
From M11 take junction 12 (A603). Head towards Cambridge City Centre. You will enter a built up area. Continue on the main road, it turns sharp left alongside a park. When you get to roundabout turn right. You will go over the river and come to a mini roundabout. Turn right onto Trumpington Road. Go past the main entrance to the school and then turn right into sport centre just after telephone box.
**Leyton Sixth Form College**  
Essex Road, London, E10 6EQ,  
**Directions:**  
At junction 27 on M25, exit onto M11  
At junction 4, take the A406 (W) exit on the right to A503/A10/A1/N Circular  
0.5 mi  
Merge onto N Circular Rd  
0.6 mi  
Take the Leytonstone/Woodford/A104/Walthamstow/A503 exit  
0.2 mi  
At the roundabout, take the 1st exit onto Woodford New Rd/A104  
1.1 mi  
At the roundabout, take the 2nd exit onto Lea Bridge Rd/A104  
Take the 4th turning on the left, Essex road (opposite Tesco petrol station)  
At the mini roundabout, turn right.  
Leyton Sixth form college is on your left hand side. The Sportshall is directly in front of you.

**Life Leisure Brinnington Park**  
Northumberland Road, Brinnington, Stockport, SK5 8LS, 0161 494 6465  
**Directions:**  
STOCKPORT Volleyball Club ["the S'PORT"] will play its' NVL, Manchester League and Juniors competitive matches in 2018/2019 Season at Stockport's brand new facility, Brinnington Park. It is a fantastic Complex, operated by Life Leisure. Home to fantastic new sports amenities and programming, the Centre provides an array of opportunities to play in a state-of-the-art building with own changing rooms for the S'PORT and Visiting Teams.  
Directions to the Venue, travelling anticlockwise EAST on M60 (from South) are:  
Come off the Manchester circular motorway M60 at Junction 27.  
At this ‘Portwood Roundabout’, take the exit onto Carrington Road/B6104.  
Turn onto Brinnington Road.  
Turn left after rear of row of shops on to Northumberland Road.  
Will see sign on the left for Brinnington Park.  
Pull in to car park and park to front of Centre (right hand side).  
Directions to the Venue, travelling clockwise WEST on M60 (from North) are:  
Come off the Manchester circular motorway M60 at Junction 25.  
Take the A560 exit to Bredbury.  
Continue on Ashton Road/A6017.  
Take Lingard Lane, then on to Brinnington Road.  
Turn right before shops in Centre of Brinnington on to Northumberland Road.  
Will see sign on the left for Brinnington Park.  
Pull in to car park and park to front of Centre (right hand side).

**Loddon Valley Leisure Centre**  
Loddon Valley L.C., Rushey Way, Lower Earley, Reading, Berkshire, RG6 4GD, 0118 9312066  
**Directions:**  
M4 Junction 11, take B3270 East, parallel to the Motorway. Follow road past Foster Wheeler on left, go right (2nd exit) at first mini-roundabout. Almost immediately go left at next mini-roundabout into Earley Way West. At next roundabout go left into Beeston Way, and at next turn right (2nd exit) into Rushey Way. Go over the next roundabout and the entrance to the centre is on the left 200m further on.
**Longbenton High School**
Hailsham Avenue, Newcastle Upon Tyne, NE12 8ER, 0191 218 9500

**Directions:**
As per blyth valley web page

Please note if travelling via A19 north – there is a £ 1.70 tunnell charge

Please note matches will be held at longbentonbenton high school as per blyth valley web page (not parks leisure)

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**Loughborough University Netball Centre**
Epinal Way, Loughborough, Leicestershire, LE11 3TU, 01509 226250

**Directions:**
Using the postcode LE11 3TT will take you through the main entrance and after that please follow these directions:
Exit the M1 motorway at junction 23
At the roundabout take the A512 signposted Loughborough
After 1.2 miles, at the roundabout take the first exit onto Ashby Road
Then after 1 mile, at the roundabout take the third exit onto Epinal Way (A6004)
After 160 yards turn right into Loughborough University's main entrance.

1. Just after the barrier to the main entrance there is a mini roundabout, take the first exit onto Towers way
2. Follow the road as it bends to the right, then bends to the left. On your right you will see a car park
3. Follow the road as it bends to the left and the Netball Badminton Centre will be on your right

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**Madeley High School**
Madeley High School, Newcastle Road, Madeley, Newcastle Under Lyme, Staffordshire, CW3 9JJ, 01782 297200

**Directions:**
If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

If travelling up M1, join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6.

Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

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**Maidenhall Sports Centre**
Maidenhall Sports Centre, Maidenhall Approach, Ipswich, Suffolk, IP2 8NZ, 01473 433622

**Directions:**
Follow the A12/A14 in direction of Felixstowe, turn off into Ipswich along A137 ‘Wherstead Road’, this is the last junction before Orwell Bridge Crossing. At roundabout at bottom of hill turn left. Follow road for 1 mile, follow signposts to Maidenhall Sports Centre, along Station Street, Maidenhall Approach.

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**Maidstone Leisure Centre**
Mote Avenue, Maidstone, Kent, ME15 7RN, 0845 155 2277

**Directions:**
Moseley School
56, Springfield Road, Birmingham, B13 9NP,
**Directions:**
From M42  J4
to 56 Springfield Road (B139NP)

Moseley School is located at large area and has 4 different gates. Best option is to use Gate4 by 56 Springfield Road.

[link to google map](#)
[link to sbvc venues](#)

Moulton College
Gate 3, West Street, Moulton, Northamptonshire, NN3 7SX, 01604 491131
**Directions:**
By Road: The College is situated in the village of Moulton, which is 5 miles from the centre of Northampton. Moulton can be reached either by the A43 Northampton to Kettering Road or from the A508 Northampton to Market Harborough Road. In either case, avoid signs for Moulton Park as this is an Industrial Estate.

From the South via the M1 & A43:
Exit the M1 at Junction 15 and join the A508 North. After 2 miles the A508 becomes the A45. At the third intersection leave the A45 by the slip road and join the A43 (signposted Kettering). Travel for 3 miles, straight across 2 roundabouts and at the third turn left onto Overstone Road (signposted Moulton). Continue until you see the Co-op and bear slightly left until you reach a mini-roundabout in front of the Post Office. Turn right down Stocks Hill, which leads into Cross Street, which leads into West Street. Take the first turning right into Pitsford Road and then first right again into the College.

From the North via the A508: Leave the A508 when signposted Pitsford and pass through the village following signs to Moulton. On leaving Pitsford follow Moulton Road, which becomes Pitsford Road, for 1.5 miles when the entrance to the Holcot Centre will be seen on your left. For the Main Site, continue for 700 metres and turn left into the College.

New College Leicester
Greencoat road, Glenfield, Leicester, Leics, LE3 6DN, +44 1162318500
**Directions:**

New Forest Volleyball Centre
Ballard School, Fernhill Lane, New Milton, Hampshire, BH25 5SU, 01425 626900
**Directions:**
From Jct 1 (M27):

Take the exit to the A31 signposted Lyndhurst - from the West this will be third exit, from the east the 1st exit. At the next roundabout, take the 3rd exit onto Lyndhurst Rd/A337 and continue to follow A337.

After 3.3 miles, you will arrive in Lyndhurst. From the traffic lights, turn left and take the third right (signposted Lymington) onto Gosport Lane/A337/A35. Remain in the right hand lane and follow the road. After the road splits, move into the left hand lane immediately (road markings are A35) and follow the road onto Chapel Lane.

At the next junction, turn left onto Bournemouth Road/A35. Stay on this road for 7.2 miles, and turn left onto Holmsley Road/B3058 (signposted New Milton/Wootton/Bashley). Follow the road for 3.3 miles and the Centre is located on the right hand side approximately 1 mile after Fernhill Sports Ground.
New Horizons Sport and Leisure Centre  
Uplands Avenue, Stoke on Trent, ST6 6JT, 
Directions: 

New Victory Hall 
Ashby Road, Loughborough, Leicestershire, LE11 3AJ, 
Directions: 
From Junction 23 of the M1 take the turning towards Loughborough, A512 and follow this road towards the Town Centre. At the 1st roundabout go right and take the second exit onto Loughborough University Campus through the barriers. When on campus, park on Holywell park (near the Stadium) and the sports hall is in Holywell gym which is signposted.

Newmarket Leisure Centre 
Newmarket Sports & Leisure Centre, Exning Road, Newmarket, Cambridgeshire, CB8 0EA, 01638 782 500 
Directions: 
Leave A14 at the junction with the A142 (Newmarket). Head into Newmarket and at the 2nd roundabout (Tescos) turn right. Follow this road past the fire station and builders merchant (sharp left hand bend) until you reach the T junction with the B1103. Turn left and follow this road into Newmarket. The sports centre entrance is on the right on the main road approx 300 yards after the mini roundabout by the Cherry Tree Pub.

Noadswood School 
North Road, Southampton, SO45 4ZF, 02380 840025 
Directions: 
Westbound 
At junction 3 M27, take the M271 (S) exit to Southampton/Docks.
At the roundabout, take the 1st exit onto Southamptom/The Docks.
At the roundabout, take the 2nd exit Totton, Lyndhurst, A35 Fawley (A326).
Take the A35 exit on the right toward Totton/Lyndhurst/Fawley/A326.
Continue onto Redbridge Flyover/A35.
Keep right to continue on Totton Bypass/A35 Totton (S & W), Lyndhurst, Bournemouth & Salisbury A35 Beaulieu. At the roundabout, take the 1st exit onto Marchwood By-Pass/A326 Fawley A326. Merge onto Marchwood By-Pass/A326 via the ramp to Fawley/Hythe/Dibden. 
At the roundabout, take the 2nd exit onto Hythe By Pass/A326 
Continue to follow A326. 
At the roundabout, take the 2nd exit onto Hythe By Pass/A326. 
At the roundabout, take the 2nd exit onto Beaulieu Rd. 
Turn left onto North Rd 
Arrive: Noadswood School, North Rd, Dibden Purlieu, Southampton, Hampshire SO45, UK 

Eastbound 
At the end of the A31, take the exit toward A337/Lyndhurst 
At the roundabout, take the 3rd exit onto A31 
At the roundabout, take the 2nd exit onto Southampton Rd/A336 
Continue to follow A336. Cadnam, Totton, A336 
At the roundabout, take the 3rd exit onto A326. Go through 1 roundabout. Fawley A326 
At the roundabout, take the 2nd exit and stay on A326 
At the roundabout, take the 2nd exit onto Hythe By Pass/A326. Continue to follow A326 
At the roundabout, take the 2nd exit onto Hythe By Pass/A326 
At the roundabout, take the 2nd exit onto Beaulieu Rd 
Turn left onto North Rd 
Arrive: Noadswood School, North Rd, Dibden Purlieu, Southampton, Hampshire SO45, UK 

North Cambridge Academy  
Manor Community College, Arbury Road, Cambridge, CB4 2JF, 01223 273983 
Directions: 
From all directions, the M11 and A14 is the best approach. Exit the M11 at junction 14, take the A14 East toward Newmarket and Harwich. Exit the A14 at the junction with the B1049, signed Histon and Cambridge. Turn towards Cambridge. Take first left on Kings Hedges Road. Take first right onto Arbury Rd. After about 1/2 mile turn left into Manor Community College. Follow the small road from the back of the car park to reach the Sports Hall.
**Northgate Sports Centre**  
Clapgate Lane, Ipswich, Suffolk, IP4 3DJ, 01473 433655  
**Directions:**

**Oasis Academy Brislington**  
Hungerford Road, Brislington, Avon, BS4 5EY, 01173 772055  
**Directions:**
By train:  
If arriving by train please ensure that you disembark at Bristol Temple Meads. Temple Meads is on the A4/Bath Road and frequent bus services operate to Brislington.  
By car:  
Approach Bristol on the M4. At Junction 19 take the M32 to Bristol City Centre. At the end of the M32 follow signs for the A4/Bath Road, which takes you past Temple Meads and on to Brislington. Continue along the A4 towards Bath until you come to a junction with McDonalds on the left and Park & Ride on the right: turn right into Stockwood Lane. Turn right again into Hungerford Road and the entrance to bec is on the left.

**Orford Jubilee Neighbourhood Hub**  
Jubilee Way, Orford, Warrington, WA2 8HE, 01925 572504  
**Directions:**
From M62 travelling from either Liverpool or Manchester leave at J9. Take A49 to Warrington First round about take 2nd exist staying on A49 to Warrington Straight through main traffic light junction with A50 and KFC, Pizza Hut on the right. Go past Warrington Collegiate on left At Traffic Lights outside Decathlon turn left on to Jubilee Way In front of you at the end of Jubilee Way is Orford Jubilee Park Neighbourhood Hub. The sports hall is on the first floor.

**Outwood Academy Carlton**  
Royston Lane, Carlton, Barnsley, S71 3EW,  
**Directions:**
Oxley Sports Centre
Bradford Road, Sherborne, DT9 3QN, 01935 818270

Directions:
FROM SOUTH WEST:
Leave M5 at J29, exit onto Honiton Rd/A30 toward Honiton. Continue to follow A30 and after 20 miles continue straight onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM NORTH/NORTH WEST:
Leave M5 at junction 25, take the A358 exit to Taunton/Honiton/Yeovil/Weymouth. At the roundabout, take the 1st exit onto A358. At the roundabout, take the 1st exit onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM EAST/NORTH EAST:
Leave A303 taking the B3145 to Sherborne. When you reach the junction with the A30 turn right towards Yeovil. After 0.4 mile turn left onto Bradford Rd, the Sports Centre is signposted.

FROM SOUTH EAST:
Join the A350 towards Blandford Forum from A31/A35. Once past Blandford Forum turn left onto A357. After 9.4 miles, once through Lydlynch, turn left onto A3030. After 6.9 miles, at the T junction with the A352 turn right onto Sherborne Hill towards Sherborne. After 1.1 miles turn left onto Ottery Ln/A352. Continue to follow A352 0.6 miles and turn right onto Bradford Rd, the Sports Centre is signposted.
Parkwood Leisure - North Solihull Sports Centre
Conway Road, Chelmsley Wood, Solihull, West Midlands, B37 5LA, 01217 703 822

Directions:
From M1 - M6:
1. Head north-west on M6
2. Keep left at the fork, follow signs for THE NORTH WEST / BIRMINGHAM / M42 S / THE SOUTH WESTM5, and merge onto M60.81 mi
3. Take the ramp onto M42 toward COLESHILLA446 / THE SOUTHWEST M5 / B'HAM (S) / SOLIHULL / N.E.C. & AIRPORT0.25 mi
4. Keep left at the fork, follow signs for LICHFIELD, and merge onto A4460.22 mi
5. At the roundabout, take the 3rd exit onto Stonebridge Rd (A446)0.41 mi
6. At the roundabout, take the 1st exit onto Coleshill Heath Rd0.75 mi
7. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.94 mi
8. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
9. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
10. Turn slight left at Chelmsley Rd0.15 mi
11. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
12. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
13. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M5 - M42
1. Head north-east on M42
2. Take exit 6 toward BIRMINGHAM (E) / N.E.C. AIRPORT / COVENTRY (S & W)0.25 mi
3. Keep right at the fork, follow signs for COVENTRY (S&W), and merge onto A450.13 mi
4. At the roundabout, take the 4th exit0.35 mi
to merge onto Coventry Rd (A45)0.46 mi
5. Take the ramp0.32 mi
6. At the roundabout, take the 1st exit onto Chester Rd (A452)0.9 mi
8. At the ramp onto Chester Rd (A452)0.72 mi
9. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.9 mi
10. At the roundabout, take the 2nd exit onto Chester Rd (A452)0.9 mi
11. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
12. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
13. Turn slight left at Chelmsley Rd0.15 mi
14. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
15. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
16. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M54 - M6
1. Head south-east on M6
2. Keep right at the fork, follow signs for LONDONM1 / M40 / BIRMINGHAM (N,E & CEN.) / N.E.C. / AIRPORT, and merge onto M611.66 mi
3. Keep right at the fork, follow signs for LONDONM1 / COVENTRY / N.E.C., and merge onto M62.12 mi
4. Take exit 4 toward COVENTRY S / W / N.E.C. / B'HAM AIRPORT0.75 mi
5. Keep right at the fork, follow signs for B'HAM AIRPORT / COVENTRY / A4460.09 mi
6. At the roundabout, take the 1st exit onto Stonebridge Rd (A446)0.21 mi
7. At the roundabout, take the 1st exit onto Coleshill Heath Rd0.75 mi
8. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.94 mi
9. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
10. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
11. Turn slight left at Chelmsley Rd0.15 mi
12. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
13. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
14. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M1 - M42
1. Head south on M1
2. Take exit 23A toward THE SOUTH WESTM42 / TAMWORTH / BIRMINGHAM14.57 mi
3. Continue on M4212.85 mi
4. Take exit 9 toward THE NORTH WEST / M6 TOLL / COLESHILL0.4 mi
5. At the roundabout, take the 2nd exit onto Lichfield Rd (A446)0.7 mi
6. At Hams Hall Roundabout, take the 2nd exit onto Lichfield Rd (A446)1.93 mi
7. At Gilson Rd, take the 2nd exit onto Stonebridge Rd (A446)0.55 mi
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<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
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<tr>
<td>8.</td>
<td>At the roundabout, take the 3rd exit onto Birmingham Rd (B4114) 0.37 mi</td>
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<td>9.</td>
<td>At the roundabout, take the 1st exit onto Birmingham Rd (B4114) 0.83 mi</td>
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<tr>
<td>10.</td>
<td>At the roundabout, take the 2nd exit onto Birmingham Rd (B4114) 0.21 mi</td>
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<td>11.</td>
<td>At the roundabout, take the 2nd exit onto Cooks Lane 0.21 mi</td>
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<td>12.</td>
<td>At the roundabout, take the 1st exit onto Cooks Lane 0.1 mi</td>
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<td>13.</td>
<td>Turn left at Hadfield Way 0.12 mi</td>
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<td>14.</td>
<td>Turn slight left at Hadfield Way 0.05 mi</td>
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<td>15.</td>
<td>Turn slight left at Fencote Ave 0.03 mi</td>
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<td>16.</td>
<td>Turn slight right at Fencote Ave 0.06 mi</td>
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<td>17.</td>
<td>Turn right at Stapleton Dr 0.07 mi</td>
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<td>18.</td>
<td>Turn right at Conway Rd 0.12 mi</td>
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<td>19.</td>
<td>Turn left 0.04 mi is Parkwood Leisure Sports Centre</td>
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**Petroc College**
Old Sticklepath Hill, Barnstaple, Devon, EX31 2BQ,
**Directions:**

**Plymstock School Sports Centre**
Plymstock School, Church Road, Plymstock, Plymouth, Devon, PL9 9AZ,
**Directions:**
Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment you need to take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction and you will have to turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs to 'Kingsbridge'. Stay in the outside lane. At the end of the bridge there is a roundabout. Take the 2nd exit off the roundabout. Follow this road until you get to a set of traffic lights. Turn left at the lights into Church Road. Plymstock School is the next left turning. At the end of the drive, turn left. Follow the signs to the Sports Centre. Journey time from Marsh Mills roundabout to Plymstock school takes approximately 10-15 mins.

**Priory Community Sports Centre**
Priory School & Tennis Centre, FAWCETT ROAD, Southsea, Portsmouth, Hampshire, PO4 0DL, 023 9281 9115
**Directions:**
Approaching Portsmouth along the A27 from the East. You will see Farlington Marshes on your left. Look out for signs directing you to Portsmouth & Southsea and signs for PFC / Fratton park. On taking the slip road keep in the left hand lane. At the end of the slip road is a roundabout controlled by several sets of lights. You should turn left and shortly after doing so you will pass over a bridge onto Portsea Island. Follow this road (Eastern Road), with the sea to your left all the way to its end. Towards the end of the Eastern Road you will pass a public house on your left The Good Companion and to your right is a long hedged wall which is the boundary of Milton Cemetery at the traffic lights here follow road round to the right keeping the cemetery on your right. The Eastern Road ends at a next set of traffic lights, infront of you you will see The Big Yellow Storage building at these set of lights go straight across this will lead you past Fratton park and through a small set of mini roundabouts you will pass a Mac Donalds and KFC on your right, when you get to the final roundabout with the Etap Hotel and Subway on your left. Take a right on to Goldsmith Avenue you will pass Fratton Train Station on you right at the first roundabout after the station take the first left into Fawcett Road you will see the School on the corner, take the first right into Rugby Road, this is an old cobbled street and the school car park is on your right. Please note street parking is either 2hrs or 3hrs.
**Purbrook Park School**  
Purbrook Park School, Park Avenue, Waterlooville, Portsmouth, PO7 5DS, 02392 370351  
**Directions:**  
Southbound on A3(M):  
Exit at junction 3 (Waterlooville/B2150), take 1st exit onto Hulbert Road (B2150).  
After 0.5 miles, at the roundabout take the 4th exit onto Purbrook Way.  
At the next roundabout take the 2nd exit onto Purbrook Way.  
At the next roundabout take the 1st exit onto Purbrook Way.  
After 0.5 miles, at the roundabout take the 2nd exit onto Stakes Road.  
After 800 yards take a sharp left onto Fir Copse Road.  
Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.  

Northbound on A3(M):  
Exit at junction 4 (Purbrook/Leigh Park), take 1st exit onto Purbrook Way.  
After 0.5 miles at the roundabout take the 2nd exit onto Stakes Road.  
After 800 yards take a sharp left onto Fir Copse Road.  
Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

**Queens School**  
Aldenham Road, Bushey, Hertfordshire, WD23 2TY, 01923 224 465  
**Directions:**  
Leave M1 at junction 5 towards A41 Watford (South) / Harrow.  
At roundabout take 3rd exit onto Hartspring Lane (B462) Continue straight on Aldenham Road (B462).  
Pass Costco and Metropolitan Police Club on left.  
Queens School is on the left next to Police Club.  
Website: www.queens.herts.sch.uk

**RAF Digby**  
RAF Digby, Lincolnshire, LN4 3LH, 01526 327200 Ext 7451  
**Directions:**  
From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17. Then as below.  
From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right onto the A17 towards Sleaford. Then as below.  
Continue towards Sleaford to the Holdingham Roundabout (with BK and McDs). Turn left onto the A15 for Lincoln. After approx 4 miles turn right onto the B1191 signposted Scopwick/Digby. RAF Digby is 2.5 miles down the B1191. Report to the Main Guardroom where you will be met by a RAF Volleyball rep and shown to the gym.

**Rawlett Leisure Centre**  
Comberford Road, Tamworth, Staffs, B799AA, 01827 57178  
**Directions:**  
From the M42 J10 - take the A5 exit to Nuneaton/Tamworth.  
After 3 miles, take the A51 exit toward Tamworth, and after half a mile, at the roundabout, head straight on onto Bitterscote Drive. At the next roundabout, take the 2nd exit onto Tamedrive/A51  
At the next roundabout, turn right (4th exit) onto Lichfield St/B5493 and continue to follow B5493, turning left at the traffic lights.  
Continue onto Upper Gungate/A513, passing through several sets of traffic lights. When the road forks, take the left hand fork onto Comberford Rd/A513. Rawlett is on the right hand side, about a mile after this.
Redhill School Sports Hall  
Junction Road, Stourbridge, West Midlands, DY8 1JX, 0115 926 1481  
**Directions:**  
Redhill School Sports Hall:  
From the M5, exit motorway on junction 3. Follow A456 in the direction of Kidderminster. Then turn right on the A491 in the direction of Stourbridge. At the traffic light at the Tesco Petrol Station, turn right onto the Glass House Hill/B4186. Down the hill, turn left onto Red hill. At the top of the hill, turn right onto Junction Road. The car park and the sports hall are on the right hand side of the road.

Redlands Community Sports Hub  
Dorchester Road, Weymouth, DT3 5AW, 01305 813113  
**Directions:**

Regent College  
Regent Road, Leicester, Leics, LE1 7LW  
**Directions:**

Riseholme College (Showground Campus)  
Horncastle Lane, North Carlton, Warwickshire, LN1 2ZR, 01522 895490  
**Directions:**  
From North - M180, Scunthorpe, Grimsby and Louth.  
Take A15 south from Caenby Corner (A631 junction), in 7.5 miles at R/A take 3rd exit onto A1500.  
After 200 yards enter Riseholme College (Showground Campus) on the left.  

From South - Lincoln, Newark, Sleaford and Boston.  
Take A15 north from A46 (Lincoln By-pass), in 2.4 miles take the first exit at R/A. After 200 yards enter Riseholme College (Showground Campus) on the left.  

From West - Gainsborough, North Notts. and South Yorks.  
Take A1500 eastbound from A159 at Marton (signpost Stow and Sturton), continue on Till Bridge Lane for 8.3 miles and then enter Riseholme College (Showground Campus) on the right.

Riverside Leisure Centre  
Riverside Leisure Centre, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221 771  
**Directions:**  
From the M5: At junction 31, merge left onto A30 (towards Bodmin/Okehampton). The road will swing round to the right and you will take the first exit off for the A377 (Exeter, Alphington, Crediton). At the roundabout, take the third exit (Exeter, Alphington, Crediton). Carry on straight up this road for approximately 1 mile, passing over the first junction (there will be a big Sainsburys on your right), the next junction (retail park on your right), the next junction (Aldi on the right), under a railway bridge, and the leisure centre is about 200yards beyond this on your left. There are traffic lights at the entrance, so turn in left towards the retail park/leisure centre and the turn left again behind the leisure centre, where there is parking available.

Rudolph Steiner School  
Langley Hill, Kings Langley, Herts, WD4 9HG,  
**Directions:**

Ruth Gorse Academy  
Black Bull Street, Leeds, LS101HW,  
**Directions:**  
From M621 take exit 3 onto A663 towards Leeds centre & Beeston. In 270yd keep right on A663 towards city centre. In 70yds continue onto Meadow Rd. In 260yds keep left on Meadow Rd towards Dewsbury. In 0.3mi. turn right onto Great Wilson St. In 0.3mi turn left onto Crown Point Rd. In 0.3mi. turn right then in 50yds left onto Chadwick St. The Sports hall entrance to The Ruth Gorse Academy is on your right.
**Sir David Wallace Sports Hall**
New Sports Hall, Loughborough University, Loughborough, Leicestershire, LE11 3TU, 01509
263171

**Directions:**
From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The New Sports Hall faces onto the car park near to the Victory hall.

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**Southglade Sports Centre**
Southglade Sports Centre, Southglade Road, Bestwood, Nottingham, Nottinghamshire, NG5 5GU, 0115 9151595

**Directions:**
From M1 J26 take A610 towards Nottingham. At roundabout take 2nd exit (sign posted A6002 to Bulwell & A611 Hucknall) continue on this road for about a mile, go straight on at roundabout, at second roundabout take the second exit. Follow the road through the set set of traffic lights until you come to a T junction (Morrison's in front of you). Turn left at the lights towards Hucknall. Through set of lights and pelican lights. Turn right at mini-roundabout, over bridge and turn left at 3rd set of lights into Top Valley Way. Go to roundabout and turn right onto Ridgeway follow the road and take the first turning on the right into Parkview Drive. Go to the end and turn right into Southglade Road. Leisure Centre is on the right.

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**Spelthorne Leisure Centre**
Knowle Green, Staines, TW18 1AJ,

**Directions:**
Leave the M25 at Junction 13. At the roundabout take the 3rd exit on the A30 towards Staines/London.
After approx. 1 mile keep left to get onto the Crooked Billet roundabout (note that the main A30 continues straight through the roundabout).
Once onto the roundabout take the 4th exit signposted A308 Staines.
At the 2nd traffic lights (approx 500 yards) turn left which is signposted to the rail station.
Continue past the station and then over a bridge where the road crosses the railway line, and at the roundabout just after the bridge turn right, signposted 'Spelthorne Leisure Centre'. The Leisure Centre is at the end of the road on the right hand side.

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**Sports Central**
Northumbria University, Northumberland Road, Newcastle, NE1 8ST, 0191 227 4700

**Directions:**
Take the A1(M) Northbound. Stay in the left hand lanes and follow the A1.
After 4.8 miles exit onto the A184 sign posted the city centre. Follow this road for 1.4 miles and take the slip road sign posted for the Gateshead Quays.
At the roundabout take the 3rd exit onto the A184 continue on this road through two sets of traffic lights and turn left at the 3rd set onto the A167 and cross over the Tyne bridge. Take the second turn off after exiting the Tyne bridge onto the A193. At this roundabout take the third exit for the A193.
Stay in the left hand lane and after 100 yards the traffic light will filter left behind Northumbria University Business school. At the end of this road is the most suitable car park.

It is then a 5 minute walk to sport central. You will need to walk over the bridge by the car park.
Then follow the pathway straight ahead of you past the 3 statues and under the building arch. Sport central will then be on the right after the arch.

Directions can also be found from the following [website](#).

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**St Alban's High School**
Digby Road, Ipswich, IP4 3NJ,

**Directions:**
Go through the main school gates and turn left into the school car park. Walk through the second pair of gates and head diagonally through the paved area. The entrance to the Sports Hall is on your right. Free parking is available within the school car park.
St Benedict School
Directions:
From North: M1 Junction 1 - North Circular (A406 west). Follow road for about 5 milies to Hanger Lane gyratory system (large roundabout). Stay on A406 towards Ealing / Kew Road. Road narrows to two lanes. Turn Right into Hillcrest Road at 1st set of lights. Take the third right into Montpelier Road, continue to roundabout. Left into Eaton Rise, 1st right into Marchwood Crescent. Gates to school 50m on right.

From South: From the end of the M3, continue on A316 for approx 7 miles. Cross the River Thames on Twickenham Bridge. After about 1/2 mile turn left on A307 (Kew Road) continue for 2 miles over Kew Bridge. Join A406 East and continue under flyover towards Hanger Lane. This is also the last exit from M4 eastbound. After 1 1/2 miles on A406 turn left into Hillcrest Road, then as above.

St John Payne School
Patching Hall Lane, Chelmsford, Essex, CM1 4BS, 01245 256030
Directions:
From North
From the M11 Junction 8 take A120 Braintree. Near Braintree take A131 to Chelmsford. Follow road across several roundabouts. Turn right at a roundabout near Springfield for A1016 towards Chelmsford. At the 2nd roundabout take the 2nd exit across Valley Bridge towards Broomfield. Turn left at the lights to join Broomfield Road. Turn left at the next lights to join Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

From South
From J28 of the M25 take the A12 towards Chelmsford. Near Chelmsford turn left onto the A414 towards Chelmsford. Cross the first roundabout and turn left at the second roundabout (adjacent to VW garage) to approach town centre on A1016. Cross numerous traffic lights until you join a large gyratory system. Take first left on B1008 - Broomfield Road. Turn left at the second set of lights into Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

St. Augustine
Oxford Road, London, NW6 5AW,
Directions:
St. Gregory's the Great School  
St. Gregory's the Great School, Cricket Road, Oxford, Oxfordshire, OX4 3DR, 01865 749 933  
Directions:  
From M40:  
Exit M40 Junction 8 onto A40 towards Oxford. Continue on the A40 until the Headington Roundabout. At this roundabout take the first exit onto the A4142. Take the A4142, proceed until the BMW Cowley car plant on your left. Right after the BMW, take the exit signposted Cowley. At the roundabout take the fourth exit onto the B480, signposted Cowley. Continue on the B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.  

From A34:  
Exit the A34 at South Hinksey for Oxford and follow the sign for the Ring Road (A423) direction Cowley. Go through three roundabouts always following Ring Road (first A423 then A4142) signposted Cowley. Take the Cowley Exit. Exit the roundabout at the first exit onto B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

Steiner Academy Sportshall  
62 Oldbury Court Road, Bristol, BS16 2JG,  
Directions:  
From the M4, Take Junction 19 onto the M32 towards Bristol  
Leave the M32 at Junction 1, and at the roundabout take the 1st Exit onto the A4174 towards Kingswood/Frenchay  
At the next roundabout, take the 2nd Exit towards Fishponds/Downend/Bromley Heath  
At the end of this road, turn Right onto Downend Rd (A432)  
After about half a mile, there’s a row of Shops on your right, turn right at the end of this row of shops (before the traffic lights) onto Oldbury Court Road  
Follow this road, and the Sports hall will be on your left, parking is available on the tarmac immediately outside the Sports hall.

Stowupland Sports Centre  
Stowupland High School Community Sports Centre, Church Road, Stowupland, Suffolk, IP14 4BQ, 01449 672 531  
Directions:  
Leave A14 on to A1120 on Stowmarket bypass. Follow signs to Stowupland and Oxford. Approx. 1 mile, look for Crown public house, entrance to school directly after. Sports Hall at far end of school road.
**Strood Sports Centre**
Watling Street, Kent, ME2 3JQ,
**Directions:**
From A2 Southbound - You just stay on the A2, the Sports Centre is on on your right. To park you need to go around the back of the centre, so you take the 1st right into Woodstock Road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M2 Northbound - Come off at junction 2, take the 1st exit on the roundabout and 1st exit on the second roundabout heading for the A228 to Rochester. You will drive over the motorway. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M20 Take junction 4 onto the A228 towards Rochester and keep going straight over all roundabouts passing over the M2. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

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**Sunderland College**
Bede Campus, Durham Road, Sunderland, SR3 4AH,
**Directions:**

**Sunderland University (Cityspace)**
City Space, Chester Road, Sunderland, SR1 3SD, +44 (0) 191 515 3696
**Directions:**
Follow A1 North
At exit 62, take slip road left for A690 toward Durham/Sunderland/Consett
At roundabout, take 3rd exit onto A690
Pass through 3 roundabouts, remaining on A690
University and sports hall on left.
Parking nearby.
Surrey Sports Park
University of Surrey, Richard Meyjes Road, Guildford, Surrey, GU2 7AD, 01483 689 111

Directions:
DIRECTIONS

Link

By Car
Guildford is 30 miles south-west of London, on the A3 London-Portsmouth road. If approaching from London or the M25 (Junction 10), remain on the bypass (A3) until you reach the exit signed to the Cathedral and University. At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If approaching on the A322 or A323 from Bagshot or Aldershot, at the A3 roundabout take the exit signed to Portsmouth, and then turn off the A3 at the first exit (signed to the Cathedral and University). At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If entering Guildford from Horsham (A281) or Godalming (A3100), leave the central gyratory system at the exit signed for Farnham (A31). After approximately 200 yards, at the mini-roundabout, take the first turning right into Guildford Park Road, and continue along Madrid Road and The Chase for a mile. At the next roundabout, take the first exit and follow the signs to the Royal Surrey County Hospital for approximately a mile. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

By Train
Guildford is on the main line between London Waterloo and Portsmouth. Half-hourly train services run from Guildford to Waterloo, with journey times of 40 minutes. For further information, call National Rail Enquiries on 08457 484950.

From the railway station

Walking: Leave station by footbridge and rear exit. Turn right from the station along Guildford Park Road and continue along Madrid Road and The Chase for a mile. Follow the path past the Guildford Cathedral to the main University of Surrey campus entrance. At the entrance turn left through the woodland area and follow the path through two underpass tunnels until you reach Tesco. Follow the main road around left (Egerton Road) until the mini-roundabout at the entrance of the Royal Surrey County Hospital. The entrance to Surrey Sports Park should be visible on the left-hand side via Richard Meyjes Road. (20-25 mins)

Bus: ARRIVA buses (leave station by footbridge and rear exit, cross main road to bus stop) operates a regular service to Surrey Sports Park via its 36 and 37 bus services, which currently provide a 20 minute frequent link during the main part of the day on Mondays to Saturdays, and every half-hour during the evenings and Sundays.

Egerton Road and the Royal Surrey County Hospital are also both a few minutes walk to Surrey Sports Park, which you can access from services 3, 4, 5, 26, 27, 36 and 37 run approximately every ten minutes during the day. The earliest service is at approximately 6am and the last bus is just before midnight. On Sundays there is a reduced service. For further information, call Traveline on 0870 608 2608.
| **Telford College of Arts and Technology**  
Haybridge road, Wellington, Telford, Shropshire, TF1 2NP, 01952 642200 |
| **Directions:**  
From the M6 continue on M54, follow signs for Wales/Telford/Wolverhampton/Shrewsbury/A5  
At junction 6, take the A5223 exit to A442/Telford(West)/Whitchurch  
At the roundabout, take the 3rd exit onto Whitchurch Dr/A5223 (Past Tesco's)  
Go straight over the Retail Park roundabout onto Whitchurch Dr/A5223  
At the roundabout go straight over, taking the 2nd exit onto Whitchurch Dr/A5223  
At the roundabout turn left onto Haybridge Rd, over the bridge, take the 1st left into Telford College of Arts and Technology (TCAT - College Campus)  
The sportshall is at the end of the car park next to 'The Dome' |

| **Tendring Technology College**  
Tendring Technology College, Rochford Way, Frinton-on-sea, Essex, CO13 0AZ, 01255 672116 |
| **Directions:**  
From A12 South: Head toward Colchester and then follow signs for Clacton. *Take A120 to Clacton and A133 for Frinton and Walton. Continue straight on towards Frinton level crossing and turn left into Elm Tree Avenue. Turn 2nd right into Rochford Way. College opposite shopping centre.*  
From A12 North: A12 turn off for Colchester. At roundabout take Clacton turn-off on A120, continue directions as above from *.

| **The Ashcombe Volleyball Centre**  
Ashcombe Volleyball Centre, The Ashcombe School, Ashcombe Road, Dorking, Surrey, RH4 1LY, 01306 886312 |
| **Directions:**  
From M25 take exit No 9 follow A24 South to Dorking (approx. 4 Miles). At 1st set of traffic lights (Dorking Station) turn right into Ashcombe Road. Take 3rd entrance on left into School and park in Car Park on right. Sports Centre is situated behind the School. Dorking railway station and Dorking Deepdene railway station are situated on the A24 adjacent to the School.  
From South Or North: Take A24 to Dorking, turn into Ashcombe Road at the only set of traffic lights on A24 opposite Dorking station. Directions as above. |
The Queen Elizabeth II Diamond Jubilee Leisure Centre
50 Duns Lane, Leicester, LE3 5LX, 0116 250 6400

Directions:
Via Private Transport:
From the North – Join the M1 motorway Southbound until Exit 21. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.
From the South – Join the M1 motorway northbound until Exit 21. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.
From the East – Join the A47 westbound towards Peterborough and Leicester. Stay on the A47 until you get to St. George’s Retail Park in Leicester City Centre, where you will take the 4th Exit of the roundabout onto St. Matthews Way. Continue in the right lane to go over Burleys Flyover, and join onto Vaughan Way. When approaching the underpass after John Lewis, stay in the left lane and take the exit to St. Nicholas Circle. Take the 2nd exit towards S. Augustine Rd. Continue in the left lane to turn left onto Narborough Road. Stay in the left lane and take the next left at the traffic lights onto New Park Street. Continue straight and the leisure centre will be on the left hand side.
From the West – Join the M54 towards M6/Birmingham/Wolverhampton. At Junction 1, take the A460 exit towards Cannock. Continue on the A460 until the exit for the M6 Toll Eastbound. At junction T4, take the A5 exit towards M42 North/Tamworth. Continue on the A5 until Junction 1, then take the 2nd exit to the M69 towards Leicester. Continue to the end of the M69 to Fosse Park. Follow signs for the A5460 to Leicester City Centre. Continue on the A5460 onto Narborough Road until you see the large Tesco Superstore on the right hand side. Turn right onto New Park St which then merges onto Western Boulevard. The leisure centre will be on the left hand side.

To Park: The easiest place to park on a Sunday is on The Newarke, where roadside parking is available and free all day on Sundays. This is the next left road directly after the leisure centre.

Via Public Transport:
Walking from Leicester Railway Station: Turn right out of the train station towards the city centre and continue walking straight until you reach the Clock Tower on Gallowtree Gate. Continue walking left on the High Street, past the KFC on your left until you reach St. Nicholas Circle where the Holiday Inn is. Walk straight past the Holiday Inn, and around the roundabout and continue walking straight until you reach Richard III Road on your right, where you need to go left and cross over the highway onto Duns Lane. Continue walking straight and the leisure centre is on the left.

The Triangle
Triangle L.C., Triangle Way, Burgess Hill, West Sussex, RH15 8WA, 01444 876000

Directions:
From A23 southbound turn left onto the A2300 - from the A23 northbound turn right onto the A2300. Continue along the A2300 and at the second roundabout go straight across and you will see the leisure centre at the next smaller roundabout. Turn left into the car park.

UEA Norwich Sportspark
UEA Norwich Sportspark, University of East Anglia, Norwich, Norfolk, NR4 7TJ, 01603 592 398

Directions:
The Sportspark is located on the University Drive as you enter the campus off Earlham Road. Sportspark has its own car park (free of charge to Sportspark users).

From london take the M11/A11; just outside Norwich take the A47 (Southern Bypass) in the direction of Swaffham. The University is signposted off at the next exit.

If you are driving from the North or the Midlands, you can use the A47 via King’s Lynn, or the new A14 as far as Newmarket and then take the A11 to Norwich.

UEA is situated on the outskirts of Norwich, around two and a half miles West of the City Centre, just off the Earlham Road (B1108) which is one of the main roads out of the City.
### University of Bristol
University of Bristol, Centre for Sport, Exercise and Health, Tyndall Avenue, Bristol, Avon, BS8 1TJ, 0117 928 8810

**Directions:**
Follow the M32 until the end. Turn right, at the roundabout take the second exit (to BRI). Follow this round for about a mile. You pass an NCP car park on the left, 100 yards down the road you turn right into Woodland Road. On the top of the hill turn right into Tyndall Avenue. The second building on the left is the Sports Centre.

### University of East London (Sports Dock)
Docklands Campus, University Way, London, E16 2RD, 0208 223 6888

**Directions:**
From Cyprus Station on the DLR. Walk towards the University and turn left walking along University Way alongside the Royal Albert Dock. When you reach the barrier on the Road turn left under the DLR, and there is an entrance just to your left, or you can walk round to the front entrance. From Gallions Reach station on the DLR - slightly shorting walking distance. Walk halfway round the Roundabout clockwise entering University Way, and SportsDock is the building in front of you.

By Road, the SportsDock is off the Gallions Roundabout on the A406 NorthCircular at its far eastern end just before the Woolwich Ferry. SportsDock is signposted off the Roadabout, along with University of East London. As you leave the Roundabout there is a barrier leading to the University, and a right turn immediately before that leads to the Sports Centre Car Park.

### University of York Sports Centre
Sports Centre, University of York, Heslington, York, YO10 5DD, 01904 433 855

**Directions:**
From the A64, take the A19 exit and take the 1st exit towards York. After 1/2 mile turn R at traffic lights into Heslington Lane (signpost Fulford Golf Club). Continue straight on at mini roundabout and in about 1/4 mile turn L into the university. The Sports Centre is just to the left. Parking adjacent to the Sports Centre.

### USW Sport Park
University of Glamorgan, Trefforest Industrial Estate, Pontypridd, Mid Glamorgan, CF37 5UP, 0800 716 925

**Directions:**
By Road (From M4)
Exit the M4 at J32 and travel north on the A470 for about 4 miles. Exit the A470 at the junction marked A4054 and take the first exit into the Trefforest Industrial Estate (A4054). You will see signs for Glamorgan Sport Park on your left, just before the ATS building.

### Vision West Nottinghamshire College
Derby Road, Mansfield, Notts, NG18 5BH, 01623 413354

**Directions:**
From M1 J27, take A608 towards Mansfield. After 1 mile, turn left on to A608 towards Mansfield. After 4 miles, turn right on to Caudwell Road. Turn left in to Sports Hall car park.

From M1 J28, take A38 towards Mansfield. After 4 miles, turn right onto A617. After 2 miles, turn left on to A60. After 100m, turn left on to Caudwell Road. Turn right in to Sports Hall car park.
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Voyager Academy</td>
<td>Mountsteven Avenue, Walton, Peterborough, PE4 6HX, 01733 383888</td>
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<tr>
<td><strong>Directions:</strong></td>
<td>Directions: (from the North or the South on A1)</td>
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<td></td>
<td>A1/Old Great N Rd</td>
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<td></td>
<td>Take A47 exit towards Peterborough (North)/Leicester</td>
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<td></td>
<td>At the roundabout take the 1st exit onto A47</td>
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<td></td>
<td>Go over 1 roundabout to continue on A47</td>
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<tr>
<td></td>
<td>At junction 17, exit toward City Centre/Marholm/Crematorium</td>
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<td>At the roundabout, take the 2nd exit</td>
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<td></td>
<td>At the roundabout, take the 1st exit onto Lincoln Rd/A15</td>
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<td>At the roundabout, take the 3rd exit onto Mountsteven Ave</td>
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<td>Destination will be on the left - PE4 6HX</td>
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<tr>
<td>Wellsway School</td>
<td>Chandag Road, Keynesham, Bristol, BS31 1PH, 01179 161028</td>
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<td><strong>Directions:</strong></td>
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<tr>
<td>Whitby High School</td>
<td>Whitby High School, Sycamore Drive, Whitby, Ellesmere Port, Cheshire, CH66 2NU, 0151 355 8445</td>
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<td><strong>Directions:</strong></td>
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<td>Leave M53 at junction 10. Follow the A5117 to Ellesmere Port and Queensferry. Cross 2 roundabouts and at the 3rd turn right onto Chester Road. Take the 2nd left into Sycamore Drive and the entrance to the school is on the right.</td>
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<tr>
<td>Wilnecote Leisure Centre</td>
<td>Tinkers Green Road, Wilnecote, Tamworth, B77 5LF, 01827 831300</td>
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<td><strong>Directions:</strong></td>
<td>From the M42 J10 (northbound), take the first exit onto the A5 and stay in the left hand lane. Exit the A5 onto Watling St, B5404. Go straight over the roundabout and continue straight for about 0.8 miles. Turn left into Hockley Road and then take the first left into Tinkers Green Road. Wilnecote School is about 200m along on the right.</td>
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<tr>
<td>Woodchurch High School Sports Centre</td>
<td>Carr Bridge Road, Woodchurch, Wirral, CH49 7NG, 0151 677 8844</td>
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<td><strong>Directions:</strong></td>
<td>From the M53. Turn off at Junction 3 onto the A552 (Woodchurch Road) heading towards Arrow Park and Heswall. Go past ASDA on your right then take the next right turn (you'll need to pay attention to makesure you get into the right hand lane in time) into Ackers Road. After about 50m turn right at the roundabout into Home Farm Road and continue down to the T-junction where you should turn left into New Hey Road. Follow the road round for about 500m then turn right at the mini roundabout into Carr Bridge Road. Keep going past the school and Woodchurch High School Sports Centre is on the right.</td>
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<tr>
<td>Woodlands Community School</td>
<td>Woodlands Community School, Minstead Avenue, Harefield, Southampton, Hampshire, SO18 5FW, 02380 463 303</td>
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<td><strong>Directions:</strong></td>
<td>From M3, head east bound on M27 until junction 7. At roundabout take 4th exit on A334. At roundabout take 4th exit into Moorhill Road (also know as A27). Continue on this road and take the 4th exit on the left, sign posted Harefield into Cheriton Avenue. Drive along this and turn right into Minstead Avenue just past the Hare and Hounds Pub. Woodlands Community College is located just over the rise of the hill on the left hand side.</td>
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Woughton Leisure Centre
Woughton Leisure Centre, Rainbow Drive, Leadenhall, Milton Keynes, Buckinghamshire, MK6 5EJ, 01908 660392
Directions:
Leave M1 at Junction 14 and follow H6 (Childs Way) West. Turn left onto V7 (Saxon Street) after 2 miles, right onto H7 (Chaffron Way) at next roundabout. Centre 250 yards on the left.

XP School
XP East, Middle Bank, Doncaster, DN4 5NG,
Directions:
From the M18, leave at junction 3 and take the exit to Doncaster on the A6182. Continue straight onto White Rose Way. At the second set of traffic lights, turn left to continue on the A6182. At the roundabout, take the fourth exit onto Middle Bank. Continue straight for 1/2 mile until you see XP school. XP East is behind XP School. Enter the car park on the right.

Y Club
Liverpool Road, Manchester, Greater Manchester, M3 4JR, 0161 837 3535
Directions:
From North/North East:
M62/Manchester/Halifax/Huddersfield
Continue onto M62
Continue onto M60
At junction 17, take the A56 exit to M'cr city centre/Prestwich/Whitefield Continue on A56. Drive to Liverpool Rd/A6143 in Manchester(5.2 mi) At the roundabout, take the 1st exit onto Bury New Rd/A56 Continue to follow A56 (3.9 mi) Turn right onto New Bridge St/A6042 Continue to follow A6042 (0.8 mi) Slight left onto Irwell St/A34 Continue to follow A34 Turn right onto B5225 Turn left onto Liverpool Rd/A6143 Destination will be on the right.
Car park is on the Potato Wharf.
From South:
(From Birmingham)
Merge onto M6 Manchester (Salford)
Keep right at the fork to stay on M6, follow signs for Stafford At junction 21A, exit onto M62 toward Leeds/Bolton/M'cr (N) Keep right to continue on M602 Take Regent Rd/A57 to Liverpool Rd/A6143 in Manchester Slight right to stay on M602 Continue onto Regent Rd/A57 Turn left onto A6042 Turn right onto Water St/A6143 Turn right onto Liverpool Rd/A6143 Destination will be on the right Car park is on the Potato Wharf.

York College
York College, Sim Balk Lane, York, North Yorkshire, YO23 2BB, 01904 770200
Directions:
From A46 Eastbound, take the exit towards York West, A1036. At the traffic lights after 200 yards turn right into Sim Balk Lane. Take first left into the car park.