INFORMATION PACK
BEACH AND INDOOR
2016
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England Talent Pathway
We’re delighted to launch Volleyball England Futures, our first world class talent ID programme, supported by Sport England.

Volleyball England Futures aims to identify talented athletes to join our talent programme.

This fully integrated talent pathway from junior to senior level will be supported by world class coaching development.

The University of Essex and Sheffield Hallam University undertook research to provide evidence and clarity on what it means to be a world class volleyball player from both a physical and psychological perspective.

THE VOLLEYBALL ENGLAND FUTURES PROJECT IS THE FIRST STEP TOWARDS ACHIEVING KEY PERFORMANCE TARGETS FROM STRATEGY 2024

Robust talent identification and development systems and structures in place, generating a sustainable pipeline of talent across all disciplines

Develop a best-in-class talent identification programme and talent tracking system
“The purpose of talent identification is to maximise the chances of developing elite players from the available talent pool in order to use resources such as coaching, competition opportunities, and support services most effectively”

Dr David Parry, University of Essex, 2015
WHAT HAVE WE LEARNED

There are three key areas we need to focus on:

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<tr>
<th>PHYSICAL</th>
<th>PSYCHOLOGICAL</th>
<th>TECHNICAL AND TACTICAL</th>
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<tr>
<td>• Height has been shown to differentiate between successful and unsuccessful teams. Previous research has indicated a long-term trend of increasing height in elite level volleyball players</td>
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<td>• There is little evidence relating to the importance of agility or coordination</td>
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<td>• There was good correlation from both scientific literature and analysis of FIVB data highlighting the importance of height, weight, spike and block jump</td>
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<td>• Eleven psychological attributes required for world class athletic performance in volleyball have been identified. These are awareness, motivation, competitiveness, sport intelligence, decision making, focus, confidence, mental toughness, resilience, team-orientated, demonstrating independence</td>
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<td>• In collaboration with England national team coaches, from both indoor and beach, specific volleyball behaviours or indicators have been defined. These indicators will be used to inform a monitoring and assessment process from talent identification to senior level for both athletes and coaches</td>
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<td>• A technical volleyball session will be incorporated into the testing battery and will be appropriate for both non-volleyball players and more experienced volleyball players</td>
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<td>• Technical models will be developed by England national team coaches from cadet to senior level to inform confirmation, development and performance monitoring and assessment</td>
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In partnership with you, the Volleyball England Talent Team will deliver this battery of tests. Every athlete will receive individual feedback from their testing and then be asked to join the most appropriate local club. Any athletes identified as having potential will be given the opportunity to enrol on the Volleyball England Futures programme.

**VOLLEYBALL FUTURES TESTING BATTERY**

- **HEIGHT**
- **SITTING HEIGHT**
- **STANDING REACH**
- **BODY MASS**
- **SQUAT JUMP**
- **SQUAT JUMP & REACH**
- **MEDICINE BALL THROW**
- **TECHNICAL VOLLEYBALL SESSION**
- **ATHLETE QUESTIONNAIRE**
WHO ARE WE LOOKING FOR

ATHLETES
- Between the ages of 12 and 20-years-old with a British passport
- Who are at least 169cm (male) and 166cm (female) tall
- Who have a sporty background (minimum of school representation)
- Who are interested and have the commitment to become the best they can be

COACHES
- Level 2 coaches with a passion for coaching volleyball and working with young athletes
- Who understand and can apply the principles of an athlete-centred approach
- Who want to become an integral part of the England Talent Pathway and will be committed to attend national team camps
- Who want to embark on a journey with Volleyball England to find and develop new talent for our national teams for beach and indoor

CLUBS
- Who are committed to support Volleyball England Futures athletes and coaches
- Who can offer three on court training sessions per week
- Who understand the principles of an athlete-centred approach
- Who can offer appropriate competitive outlets for Volleyball England Futures athletes
**HOW ARE WE GOING TO FIND TALENTED ATHLETES**

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<th>ATHLETES</th>
<th>COACHES</th>
<th>CLUBS</th>
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| **We are going to find athletes through:**  
• The delivery of local Volleyball England Futures events, scouting at volleyball competitions, established networks and by developing partnerships to facilitate talent transfer opportunities  
• Our partnerships with established hotspots for volleyball  
• By developing partnerships in new areas for volleyball  
• A targeted and bespoke approach at a local level working in partnership with the local volleyball coaches and clubs | **We are going to contact every coach registered with Volleyball England to ask for expressions of interest  
• We are going to approach individuals with a history of developing young athletes** | **We are going to contact every registered junior club in the country to ask for expressions of interest to facilitate the Volleyball England Futures event  
• We are going to work in partnership with clubs to support Volleyball England Futures’ athletes and coaches** |
If you and your club are interested in hosting a Volleyball Futures event please register your interest with:

Adi Fawcett, Talent Manager
email: a.fawcett@volleyballengland.org
tel: 01509 227715
mob: 07850938312

The Talent Team and local Volleyball Relationship Manager (if applicable) will arrange to meet you and your club to discuss in detail the programme, hosting an event and potential local partners.

Date for the Volleyball England Futures event will be confirmed.

National and local marketing plan implemented.

Event delivered by the Volleyball England Talent Team.

Induction locally with athlete, coach and parents.

Induction at national team camp.
DEVELOPMENT CONFIRMATION

CAMPS (MONITORING)

- CORE SQUAD (ATTEND NATIONAL TEAM CAMPS)
- FUTURES SQUAD (ATTEND NATIONAL TEAM CAMPS)

TESTING

PERFORMANCE

ENGLAND NATIONAL TEAM
Thank you to our fantastic partners:

Sheffield Hallam University

University of Essex

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SUPPORTED BY

SPORT ENGLAND

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SportPark
Loughborough University
3 Oakwood Drive
Loughborough
LE11 3QF

www.volleyballengland.org
info@volleyballengland.org
01509 227722