STUDENT VOLLEYBALL!

Further Education Offer
Welcome to Volleyball!

Volleyball England’s Further Education Offer provides colleges with a range of opportunities. We are delighted that you are taking an interest in the only hi-energy, zero contact, mixed team sport you can play indoors and outdoors – whatever your ability!

Go Spike!

Go Spike is Volleyball England’s recreational way to play. It provides people of all ages and abilities the opportunity to experience volleyball.

It is based on a 4v4 game but can be played with as many people as you have available. Go Spike volleyball can be played anywhere at any time - indoors, on grass or on the beach!

Set up and play with the Go Spike Game in a Bag. It’s the easiest way to play volleyball. The ribbon is your net, just tie it between two posts or a couple of trees, hold it, or even lay it on the floor. The ball is a blow up beach ball which can be inflated within seconds, it’s soft, and easy to use. Alternatively use the Go Spike ball, it’s a 230g softer ball that is ideal for beginners playing volleyball indoors or outdoors.

For further information go to www.gospike.net or for equipment go to www.volleyballengland.org/shop.
Developing a Workforce

Go Spike Student Activator Award (£35.00 per person)
*TARGETTED AT RECREATIONAL SESSIONS*
The award will upskill students to deliver sessions engaging players of all abilities, keeping sessions fun and focusing on participation through challenges and adapted games. The Activator may have a coaching background but the role is to facilitate activity, not ‘coach’, and to develop personal leadership skills.
The Go Spike Student Activator Award course will cover the following themes:
- What makes a good Activator?
- Session Planning
- STEPs principle (Space, Task, Equipment, People)
- Practical: Challenges and Adapted Games
- Where next and participant retention

UKCC Level 1 Award in Coaching Volleyball (£180 per person)
*TARGETTED AT COACHING COMPETITIVE TEAMS*
- The UKCC Level 1 Award in Coaching Volleyball (QCF) is ideal for those who are new to coaching, but who have some knowledge of the game and would like to learn about how to apply that in a coaching environment
- The qualification allows coaches to act as assistant coaches - enabling them to focus on their development and gain experience whilst working with a more qualified coach
- 3 day course, consisting of three modules and a final assessment and focuses on the technical and skill based aspects of volleyball coaching.

Young Referee Award
- The Young Referee Award is aimed at 14-19 year old students, wishing to develop their refereeing skills.
- 4 - 6 hour award and does not require participants to have any previous knowledge of volleyball.
- The award can be delivered by any PE Teacher or Level 2 Coach, supported by the Tutor Resource Pack. This easy-to-follow resource plans your sessions for you, is national curriculum friendly and can be delivered in one go or as part of PE lesson time.
*Cost: £50 per delivery pack*
Funding

Investment Zones
Volleyball England has 5 Investment Zones where funding is available to develop volleyball activity in further education colleges, please contact your Volleyball Relationship Manager for help with accessing specific funding streams.

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<tr>
<th>Volleyball Relationship Manager Contact Details</th>
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<tr>
<td>Greater Manchester</td>
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<td>Teeside, Tyne &amp; Wear</td>
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<td>Staffs &amp; Black Country</td>
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<td>East London &amp; Essex</td>
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Sportivate
Sportivate provides funding to increase participation in sport through offering six-to-eight weeks’ worth of activity for people aged 14-25 years old. This can be used to attract new students to Volleyball and start up a club or session.

This is a Sport England funding stream, however the application and awarding of grants is administrated directly by each individual County Sports Partnership. Sportivate grants are operated on specific timed round basis, therefore different County Sports Partnerships will have different opening and closing times for applications. Please contact your local County Sports Partnership for more specific information.

Sport England Small Grants
Small Grants are available to clubs and colleges who wish to start or develop some form of new physical activity, with the focus being on the 14-25 age group. The scheme is open for applications from £300 to £10,000 all year round.

Examples of what this money could be used for include, coaching courses, equipment, or facility improvements, for example installing a net wall slider systems.

http://www.sportengland.org/funding/our-different-funds/small-grants/
Competitions

Inter College festivals or leagues
Competition keeps people playing, but it needs to be at the right level and accessible. Set up a festival or a recreational league at your college or invite other colleges to play against. For more information see the case studies included at the end of the document.

Volleyball England Competitions
- **Indoor Student Cup**
The Indoor Student Cup is one of the biggest indoor student volleyball competitions in the country in which all affiliated colleges and universities are eligible to enter. Qualifying rounds are held in the North, Midlands and South in November/December with 16 Men’s and 16 Women’s teams qualifying for the Student Cup Finals held in February.

- **Beach Student Cup**
The Beach Student Cup is the largest student beach volleyball event in the country. Each year, over 200 students take part in the competition during a weekend in June. The three categories are Women’s Doubles, Men’s Doubles and Mixed 4s.

For more information please go to the Volleyball England competition website.

AoC Sport Competitions
AoC Sport is the membership organisation for further education and sixth form sport and physical activity. The host the following volleyball competitions:

- **National Championships**
  Colleges play in regional leagues. Winners of each league play at AoC Sport Championships (April)

- **National Cup and Plate Finals**
  Open to all FE and 6th Form colleges (must be affiliated to Volleyball England through AoC Sport). Regional pool playoffs (November/December). Finals held for cup and plate (May)

- **National Mixed Volleyball Cup**
  Open to all FE and 6th Form colleges (must be affiliated to Volleyball England through AoC Sport). Regional pool playoffs (October/November). Finals held for cup and plate (December). 2v2 knockout competition held annually (June)
Case Studies

Greater Manchester Mixed College Grand Prix

Volleyball England and Greater Manchester Volleyball League, developed a College Grand Prix to develop participation volleyball for local colleges to run from October to May (2014/2015). The Grand Prix is designed to offer students structured recreational competition. It is open entry and teams have the opportunity to compete in as many or as little of the Grand Prix’s as they wish. The more games you play the more chance you have at winning the Grand Prix! The competition is participation based therefore a fun and sociable atmosphere is essential.

The FE Grand Prix will be hosted by colleges who enter in September 2014 and runs monthly on the 2nd week of each month.

Each college competing must host a minimum of one Grand Prix during the season, at a time and date suitable to the host. Months include October, November, December, February, and March, with the finals taking place in May.

Competition Format

Teams are encouraged to enter as many of the planned Grand Prix’s as possible, the host college must organise the fixtures and record the results. It is the responsibility of the host college to assign officials and scorers, and email the results post event.

All teams that compete will be awarded one point for attending. The following point scoring system will be used: three points for a win, one point for a loss. The final league position will be calculated based on the number of points accumulated from the total games played. If the points are even, then the following will determine the league order: win percentage, game points for, game points against, points per match played.

Once the final positions have been determined all teams will qualify for the finals night. The top four teams will playoff for the trophy with the remaining teams left fighting it out for a shield. This allows all the team to still compete for silver wear and have an aim in the last week regardless of league standing.
Birmingham Metropolitan, Stourbridge College

In the space of six months BMET Stourbridge College transformed their volleyball provision from nothing to weekly vibrant sessions with 38 unique participants attending.

Through Volleyball England interventions and a newly created competition and workforce framework have provided the college with all the necessary support to develop volleyball.

In order to achieve this goal a clear and simple process was set. Pro-active students were trained to become Activators, a role which encompasses recreational session delivery, tournament organisation and officiating. This was followed with a weekly club being established, driven by the College Sports Maker. Finally a competition schedule was created to provide a series of informal inter-college festivals led by activators.

“Our Activators have not only embraced volleyball as a new sport within the college but have driven the sport forward at the college. They have improved as coaches and really developed as students at the college. I honestly feel this is because they have been able to develop a sport independently with the help of the CSM”.

James Cox (College Sport Maker)

“I have enjoyed the volleyball festivals, socialising with mates and playing other colleges as it’s my only opportunity to play volleyball. The best part is playing lots of matches as it keeps it fun”.

Jake Higgins (Student, BMET Stourbridge).
Leyton Sixth Form College.

Leyton Sixth Form College in North East London has been developing their recreational volleyball through workforce development and competitive opportunities through the College Sports Makers and Leadership programme.

The College runs a Leadership programme, which encompasses a Community Sports Leaders Award, and they have now added the Go Spike Student Activator Award, to further their volleyball provision.

Leyton Sixth Form College welcomed teams from across North East London for a recreational tournament. Teams from seven different colleges competed in two recreational tournaments one outdoors during the summer and an indoor one in winter.

The competition has led to all the colleges involved running their own weekly recreational volleyball activity.

For more information about volleyball development in FE institutions, please contact Rob Payne, Young People Manager r.payne@volleyballengland.org or 01509 227738